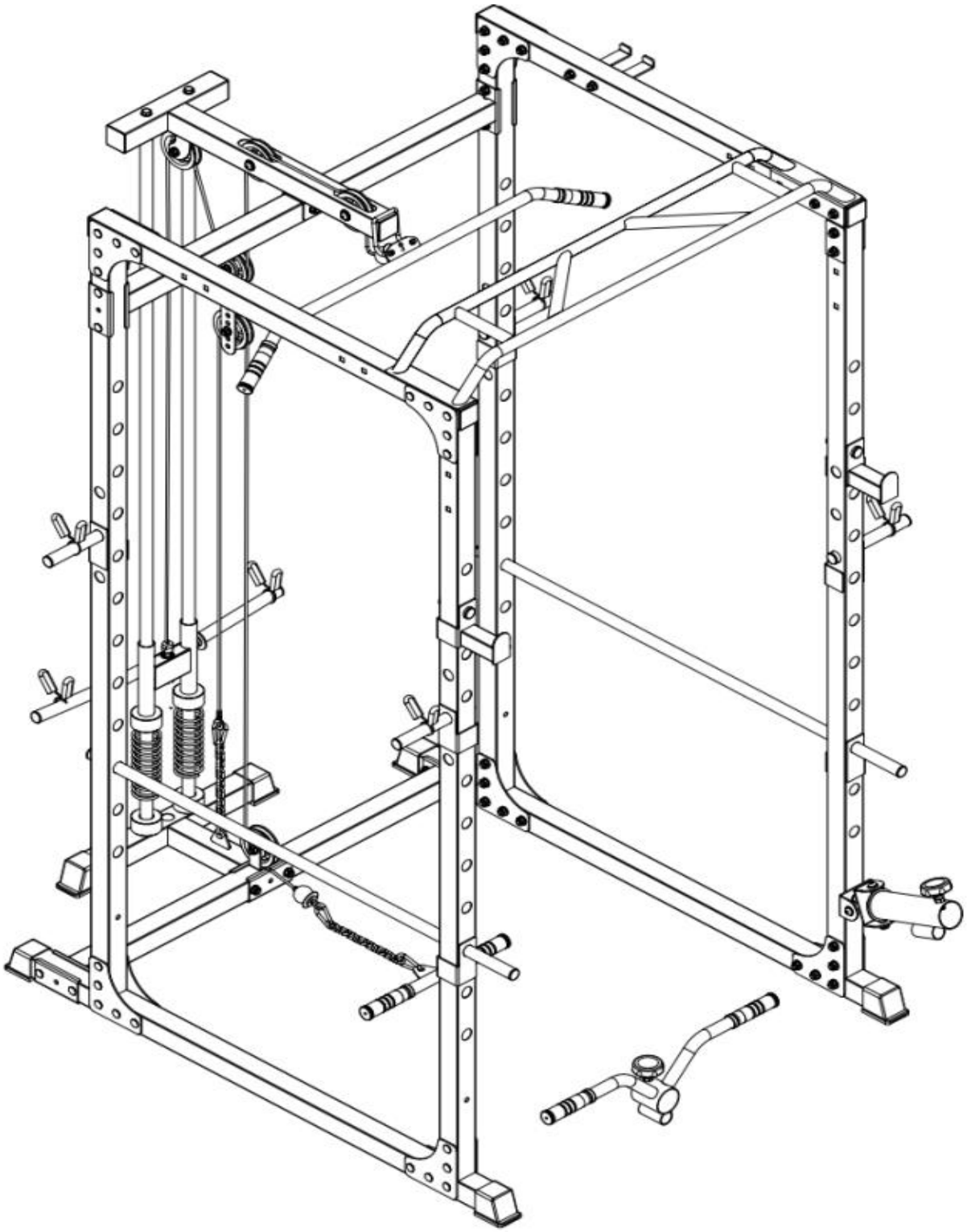
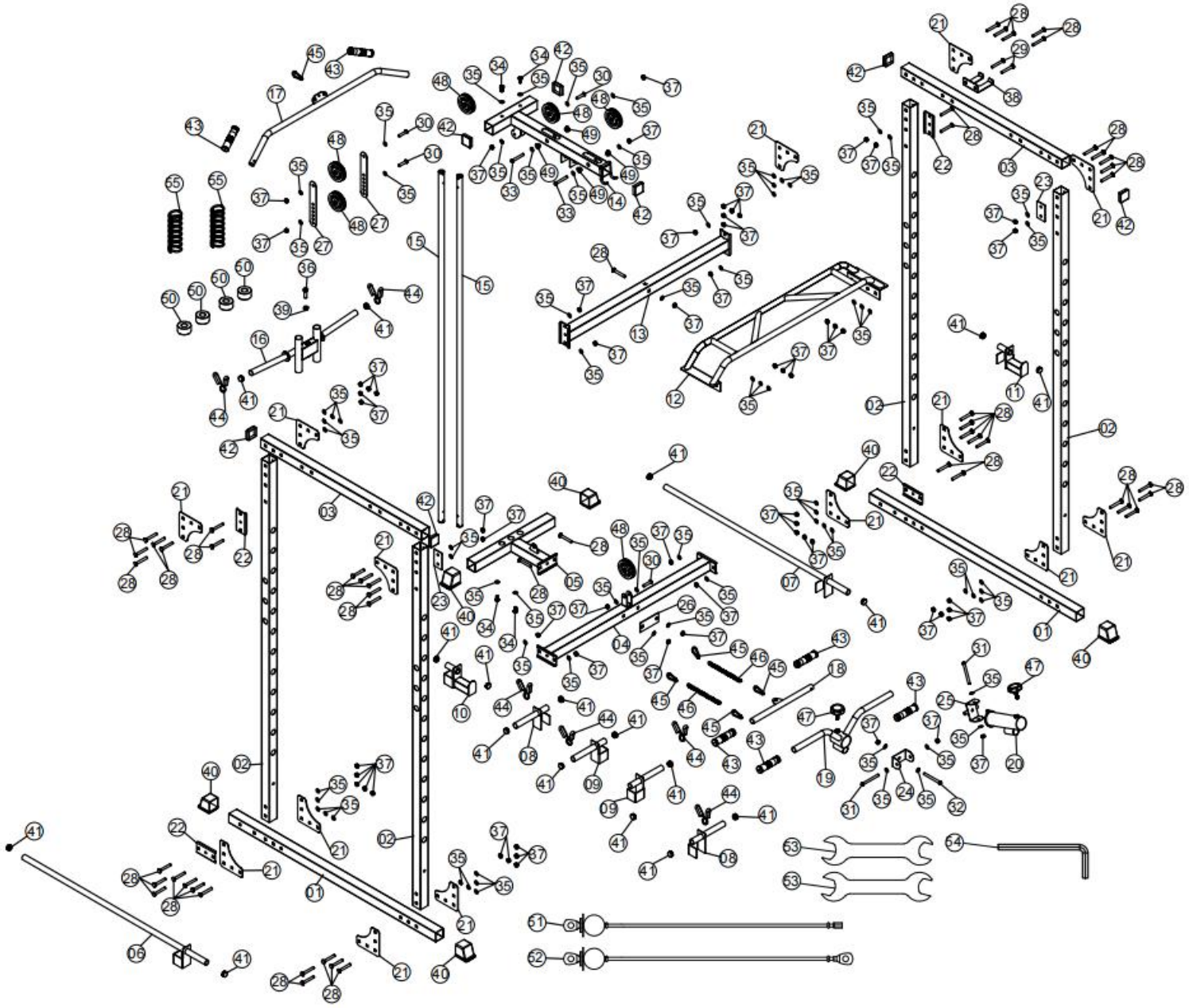
BODYFLEX®

FITNESS CAGE 770



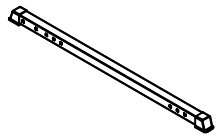
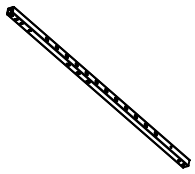
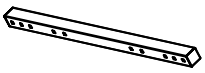
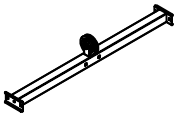
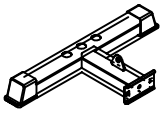
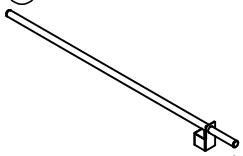
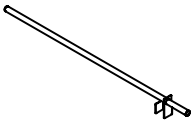
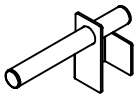
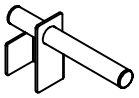
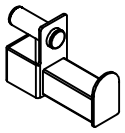
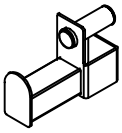
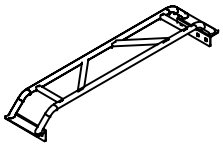
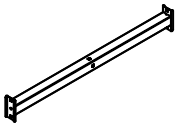
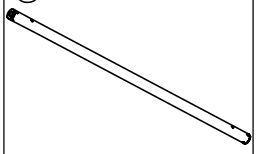
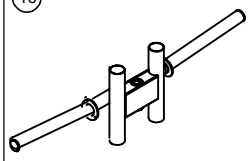
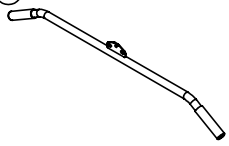
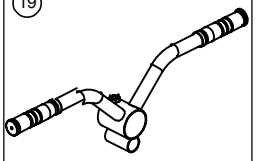
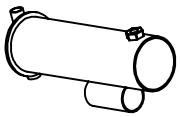
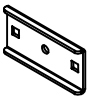
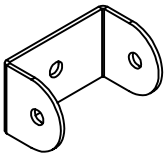
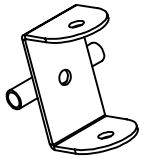
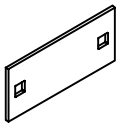
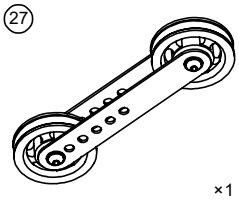
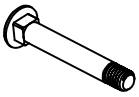
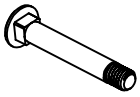
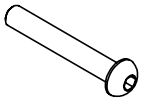
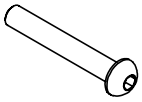
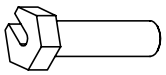
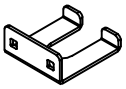
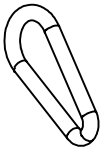
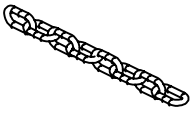
ART. BF-CAGE770

PARTS DIAGRAM



PART LIST

NO.	Description.	Qty.	NO.	Description.	Qty.
01	Base pipe	2	29	Bolt-M10×65	2
02	Riser	4	30	Bolt-M10×45	4
03	Upper connecting pipe	2	31	Bolt-M10×100	2
04	Horizontal bottom pipe	1	32	Bolt-M10×70	1
05	Horizontal bottom pipe	1	33	Bolt-M10×70	2
06	Dumbbell long valve stem-R	1	34	Bolt-M10×20	4
07	Dumbbell long valve stem-L	1	35	Washer-M10	59
08	Dumbbell Short Stop Pipe-R	2	36	Bolt-M12×45	1
09	Dumbbell Short Stop Pipe-L	2	37	Nylon Nut-M10	56
10	Dumbbell sleeve-R	1	38	Hook plate	1
11	Dumbbell sleeve-L	1	39	Nut-M12	1
12	Flexible hose	1	40	Slant-leg cover-50×50	/
13	Cross-connecting pipe	1	41	End Cap-Ø25	/
14	Beam tube	1	42	End Cap-50×50	/
15	Guide rod	2	43	Take the gloves-Ø25	/
16	Slide tube assembly	1	44	spring clip-Ø25	/
17	Flexible hose	1	45	carabiner	5
18	Low drop pipe	1	46	Chain	2
19	Lifting tube	1	47	Knob	2
20	Universal joint	1	48	Pulley	/
21	Triangular piece	14	49	Bushing	/
22	U-shaped clip	4	50	Cushion	4
23	Trailer	2	51	Steel wire rope-1	1
24	U-shaped clip	1	52	Steel wire rope-2	1
25	U-shaped clip	1	53	Wrench	2
26	Fixed plate	1	54	Wrench	1
27	Shim	1pair	55	Spring	2
28	Bolt-M10×70				

01  ×2	02  ×4	03  ×2	04  ×1	05  ×1
06  ×1	07  ×1	08  ×2	09  ×2	10  ×1
11  ×1	12  ×1	13  ×1	14  ×1	15  ×2
16  ×1	17  ×1	18  ×1	19  ×1	20  ×1
21  ×14	22  ×4	23  ×2	24  ×1	25  ×2
26  ×1	27  ×1	28  ×51	29  ×2	31  ×2
32  ×1	34  ×4	35  ×59	36  ×1	37  ×56
38  ×1	39  ×1	44  ×6	45  ×5	46  ×2
47 ×2	50 ×4	51 ×1	52 ×1	53 ×2
54 ×1	55 ×2	56 ×2	57 ×2	

WARNING

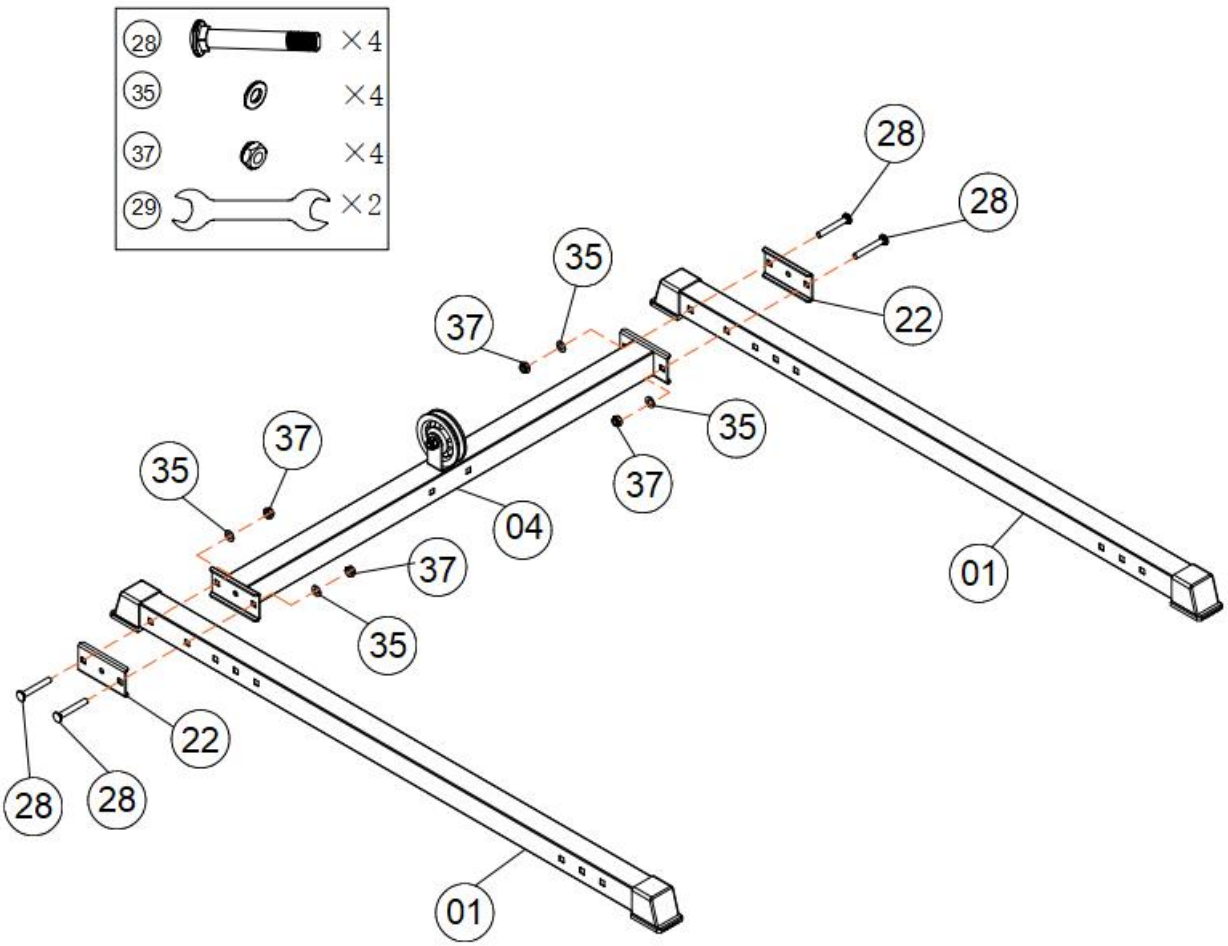
TO REDUCE THE RISK OF SERIOUS INJURY, READ THE FOLLOWING SAFETY INSTRUCTIONS BEFORE USING THE EQUIPMENT.

IMPORTANT: THIS UNIT IS INTENDED FOR HOME USE ONLY

1. It is important to read this entire manual before assembling and using the equipment. Safe and efficient use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.
2. Before starting any exercise program, you should consult your doctor to determine if you have any physical or health conditions that could create a risk to your health and safety, or prevent you from using the equipment properly. Your doctor's advice is essential if you are taking medication that affects your heart rate, blood pressure or cholesterol level.
3. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, extreme shortness of breath, feeling light-headed, dizzy, or nauseous. If you do experience any of these conditions, you should consult your doctor before continuing with your exercise program.
4. Keep children and pets away from the equipment. The equipment is designed for adult use only.
5. Use the equipment on a solid, flat, level surface with a protective cover for your floor or carpet. For safety, the equipment should have at least 0.6 meters of free space all around it.
6. Before using the equipment, check that the nuts and bolts are securely tightened.
7. The safety level of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
8. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noise coming from the equipment during use, stop. Do not use the equipment until the problem has been rectified.
9. Wear suitable clothing while using the equipment. Avoid wearing loose clothing which may get caught in the equipment or that may restrict or prevent movement.
10. This equipment is not suitable for high-precision applications.
11. Care must be taken when lifting or moving the equipment so as not to injure your back.

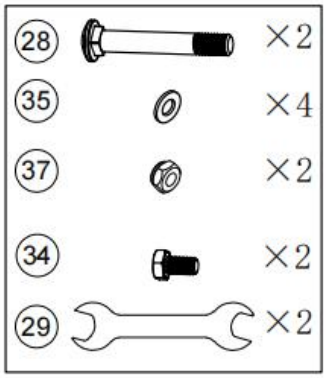
PLEASE FOLLOW EXACTLY ALL THE STEPS SHOWN BELOW

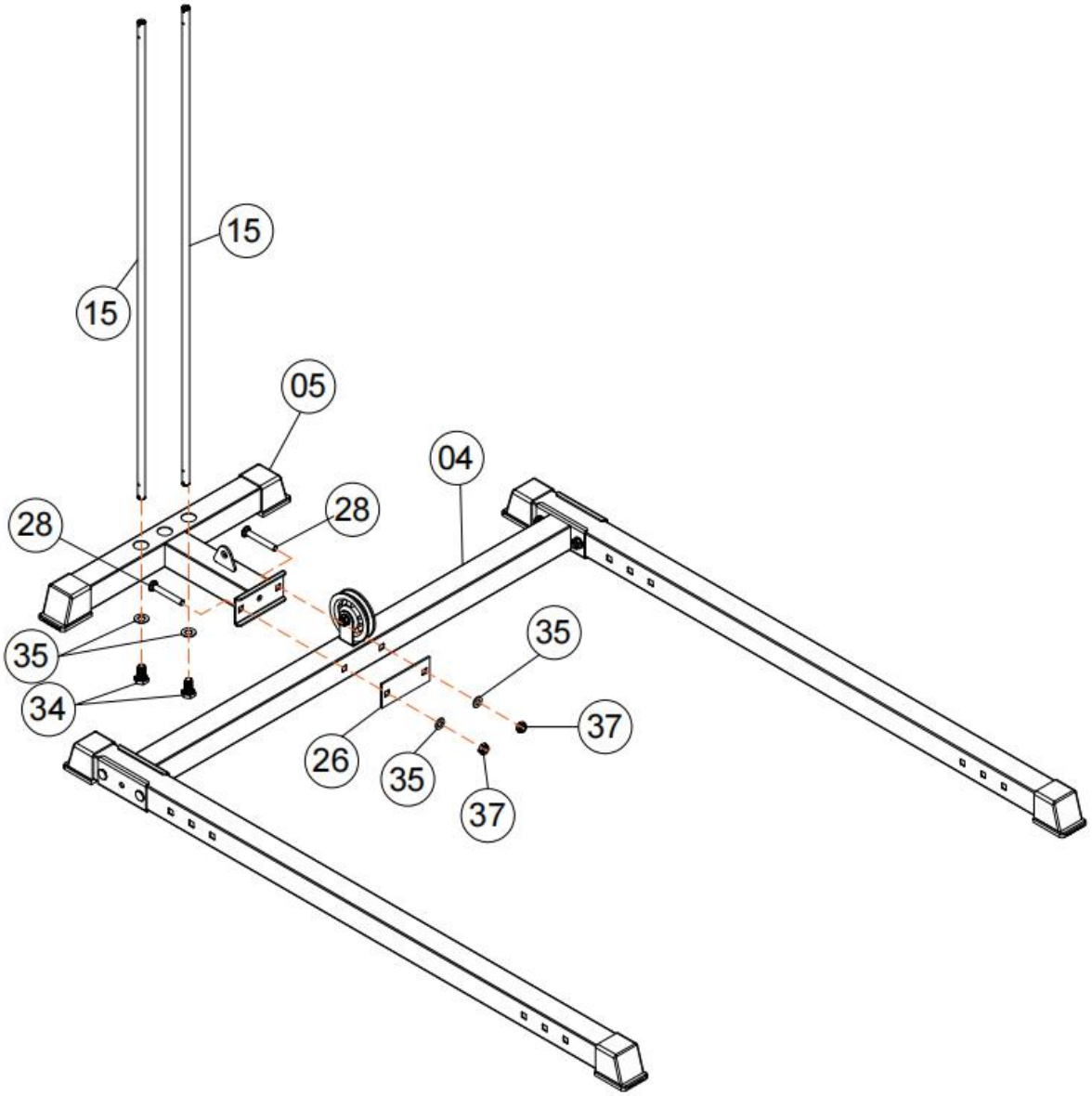
STEP 1



As shown in the picture: Attach the 2 base pipes (01) and the horizontal bottom pipe (04) using 2 U-shaped clips (22), 4 bolts (28), 4 washers (35), and 4 nylon nuts (37).

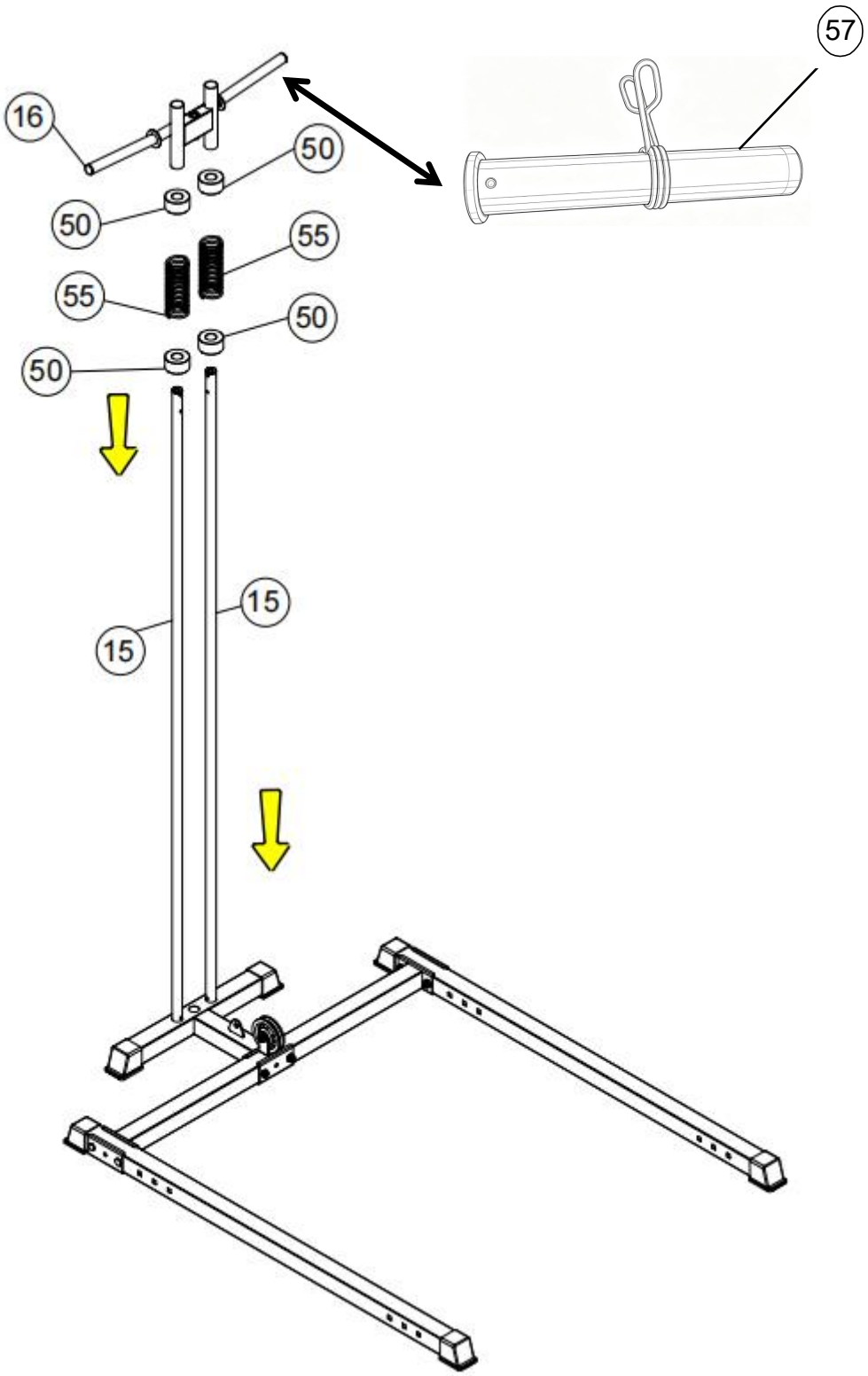
STEP-2





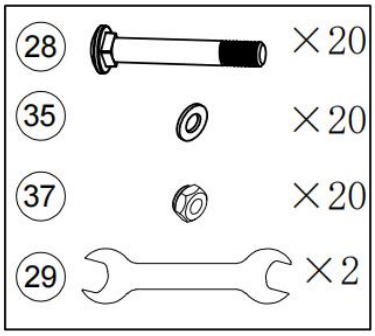
As shown in the figure: Secure the horizontal bottom pipe (04) and the horizontal bottom pipe (05) with 2 bolts (28), 1 fixed plate (26), 2 washers (35), and 2 nylon nuts (37). Secure the 2 guide rods (15) and the horizontal bottom pipe (05) with 2 bolts (34) and 2 washers (35).

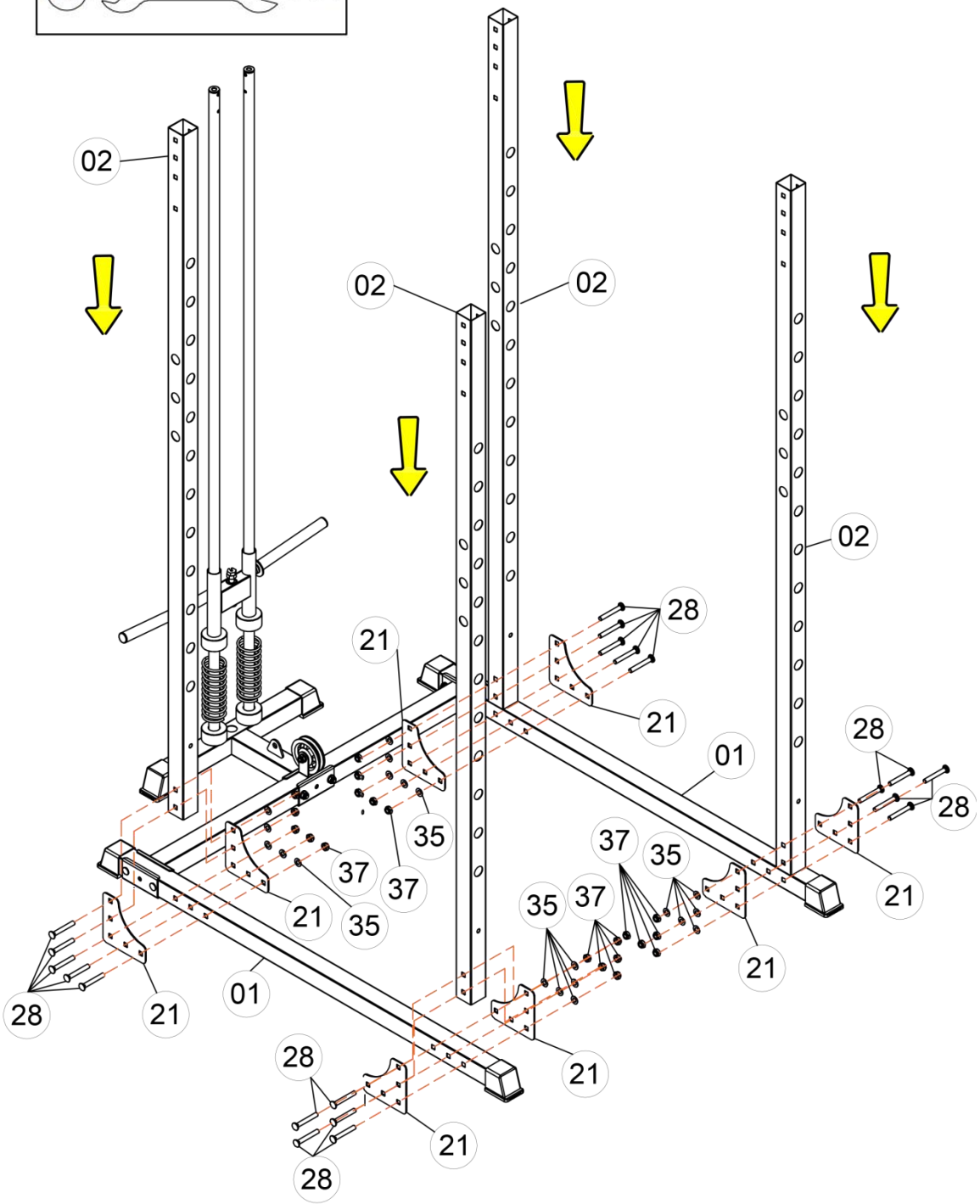
STEP-3



As shown in the figure: Place 4 Cushions (50), 2 Springs (55), and the Slide Tube Assembly (16) onto the 2 Guide Rods (15) in the order indicated by the arrows.
Note: Install sleeves (56), only if you use olimpic weight plates D50 mm.

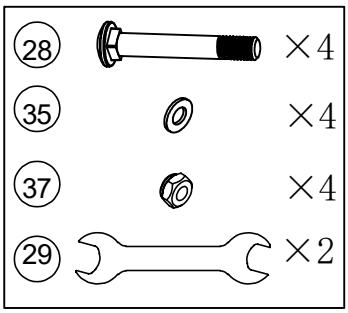
STEP-4

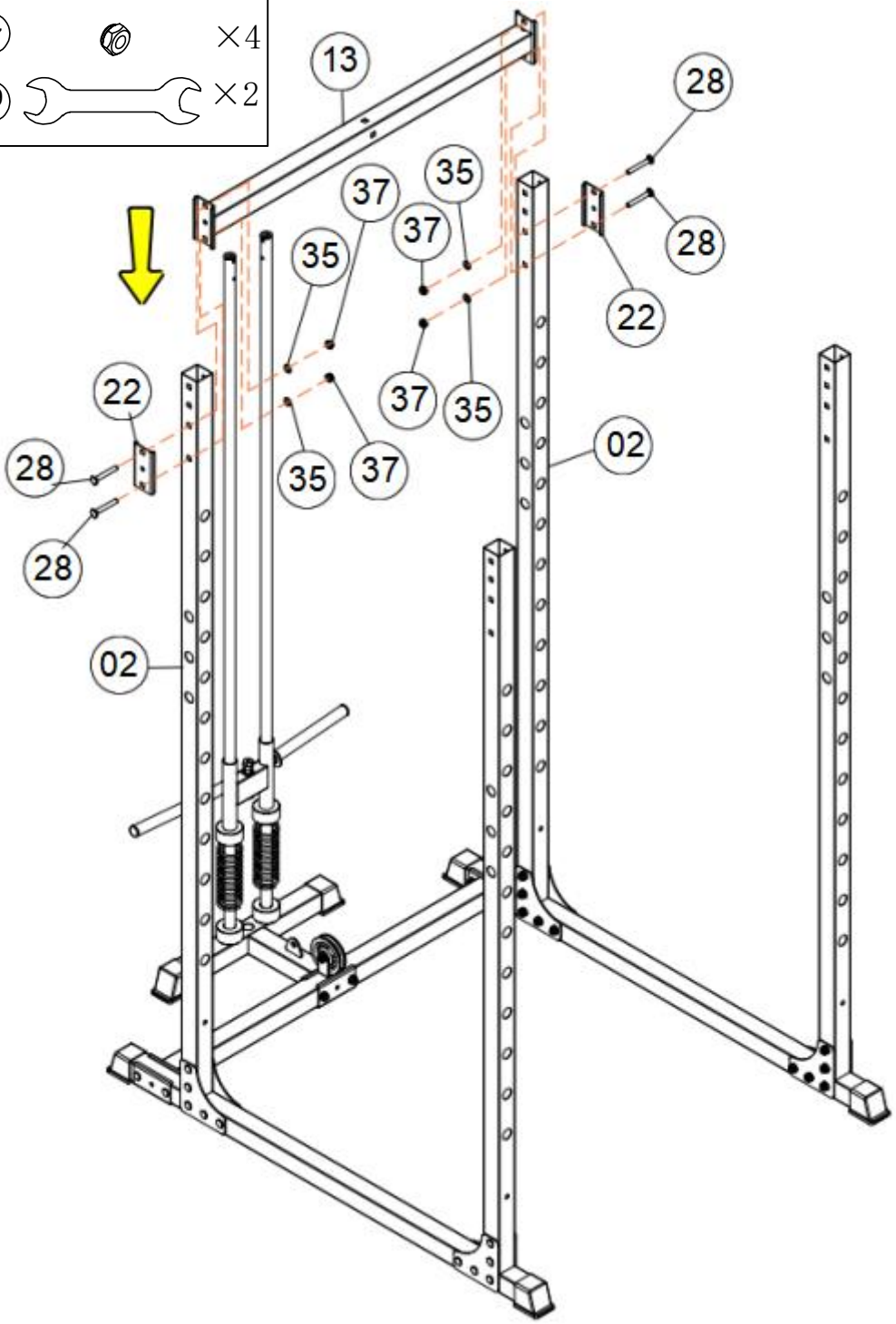




As shown in the figure: Fix the 4 Risers (02) and 2 Base pipes (01) using 20 Bolts (28), 8 Triangular pieces (21), 20 Washers (35), and 20 Nylon Nuts (37) respectively.

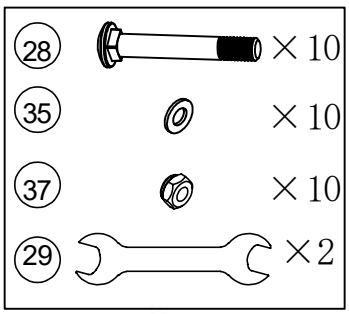
STEP-5

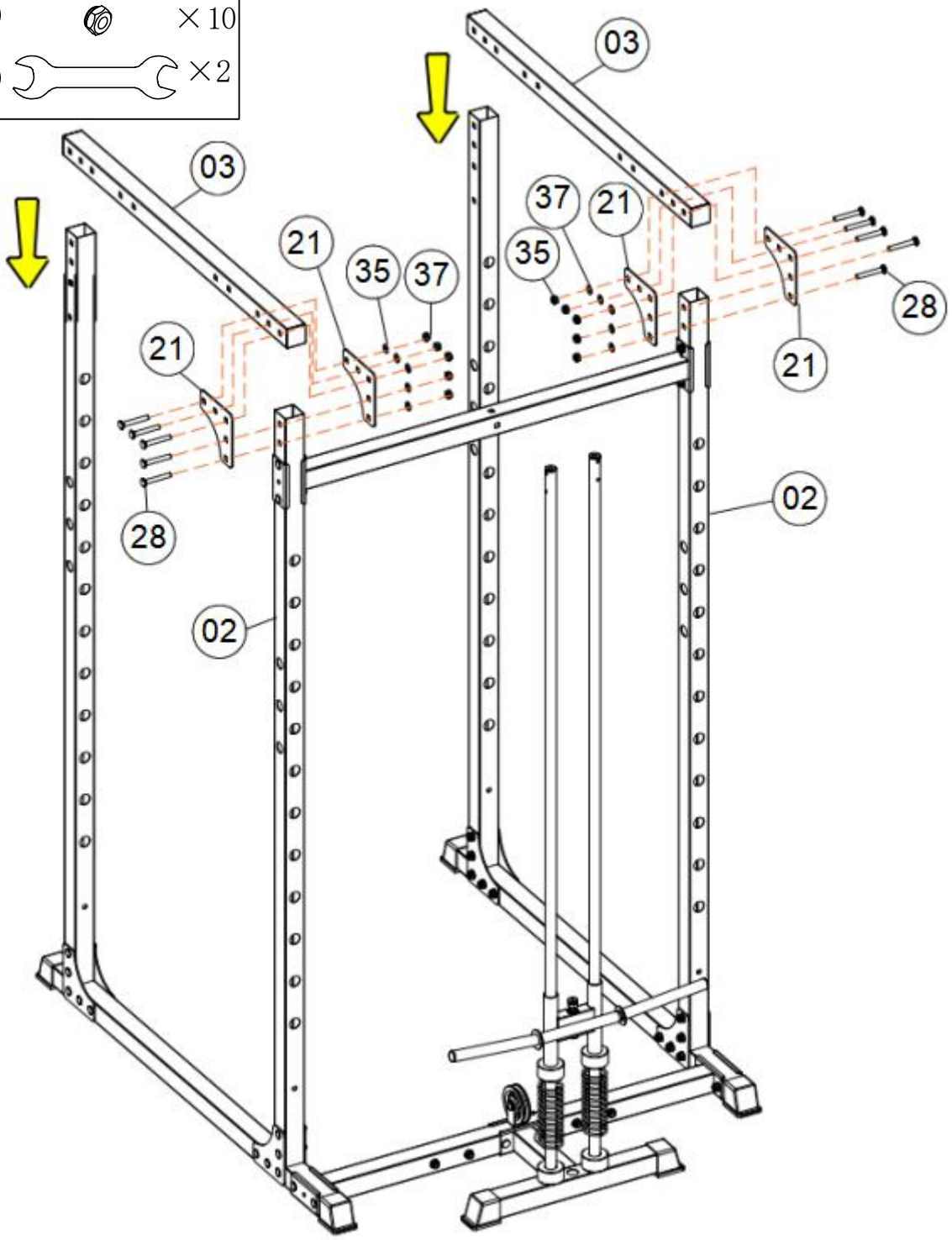




As shown in the figure: Secure the cross connecting pipe (13) and the two risers (02) using 4 bolts (28), 2 U-shaped clips (22), 4 washers (35), and 4 nylon nuts (37).

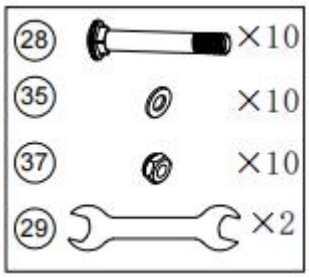
STEP-6

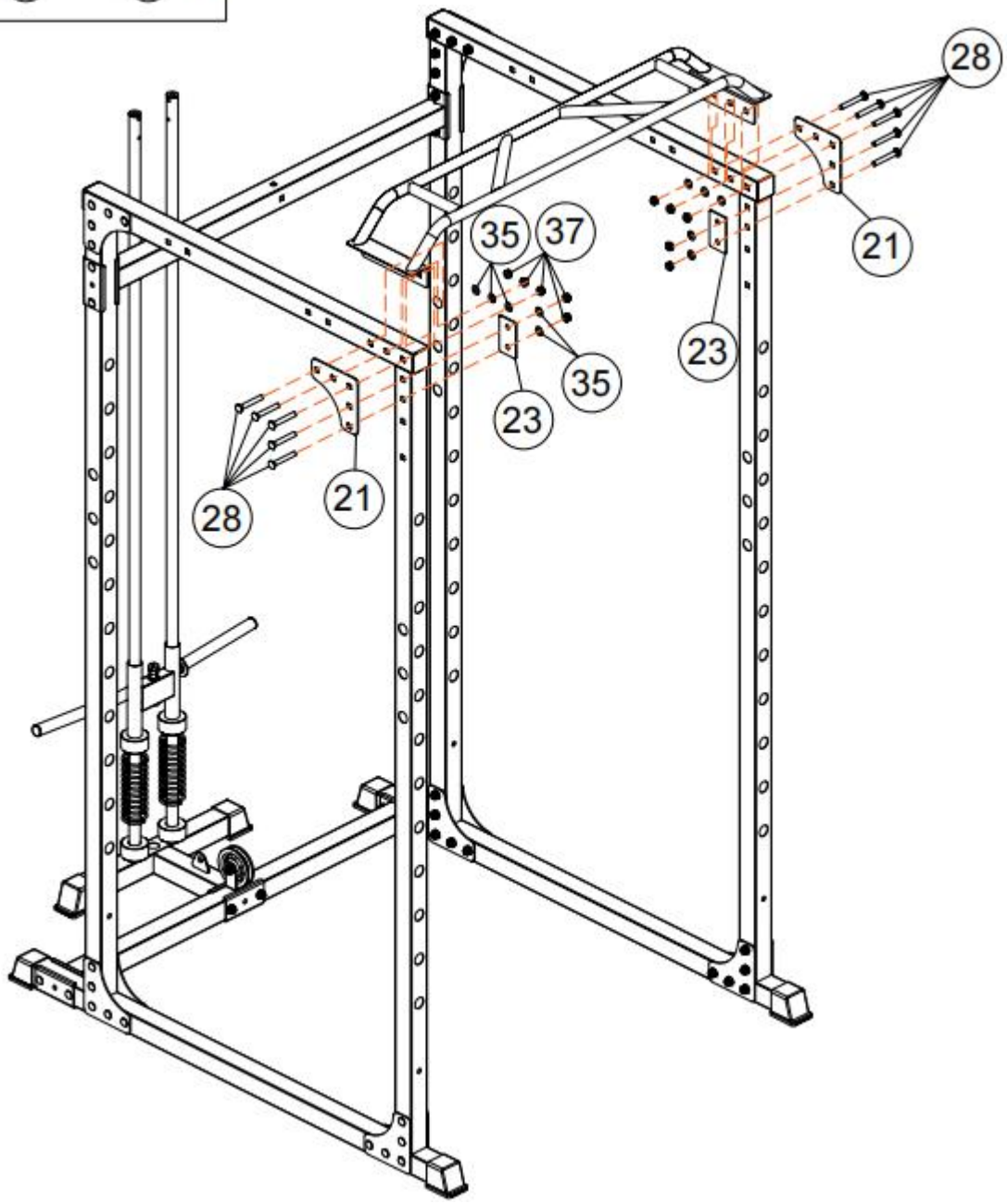




As shown in the figure: Use 10 Bolts (28), 4 Triangular Pieces (21), 10 Washers (35), and 10 Nylon Nuts (37) to secure 2 Upper Connecting Pipes (03) and 2 Risers (02).

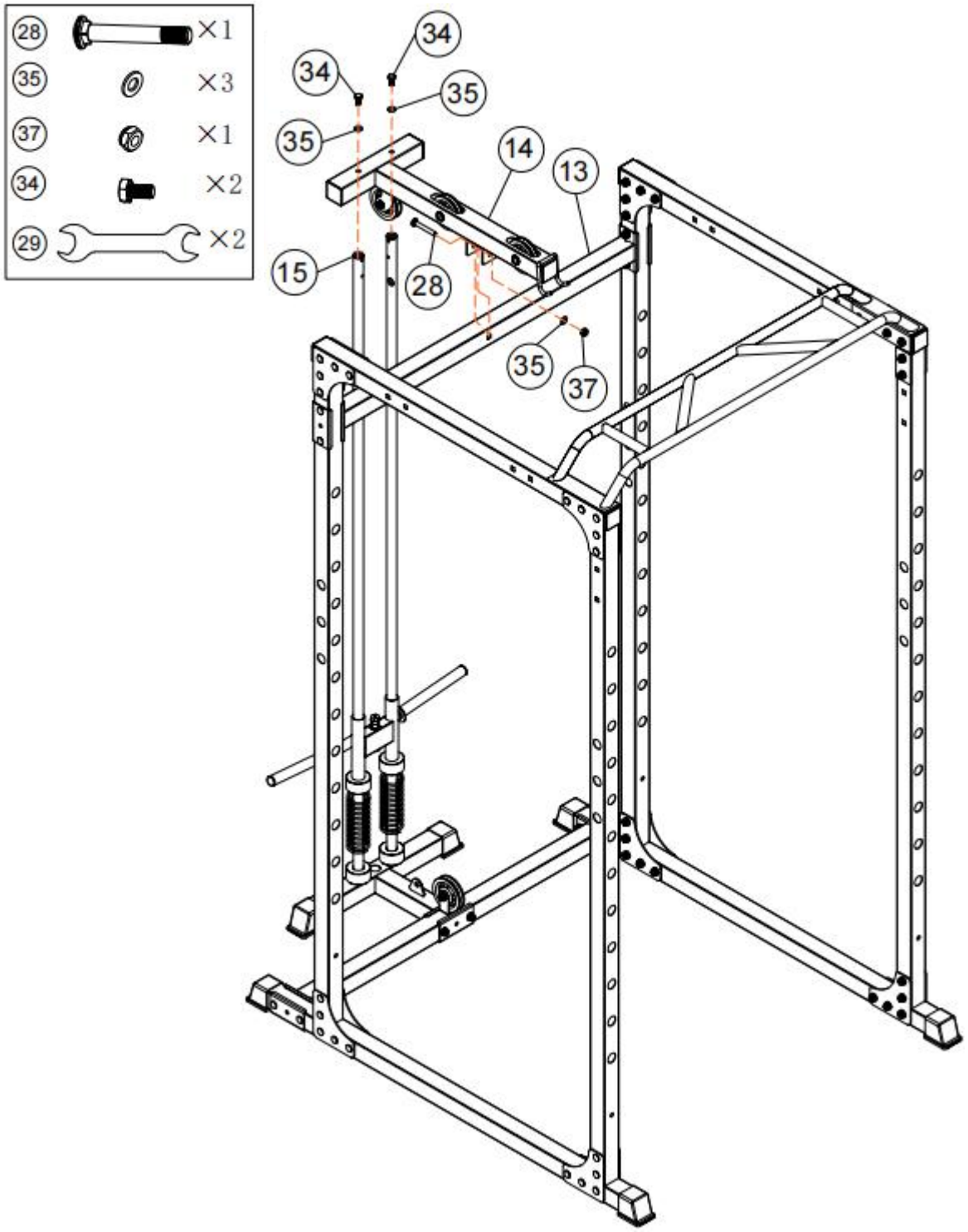
STEP-7





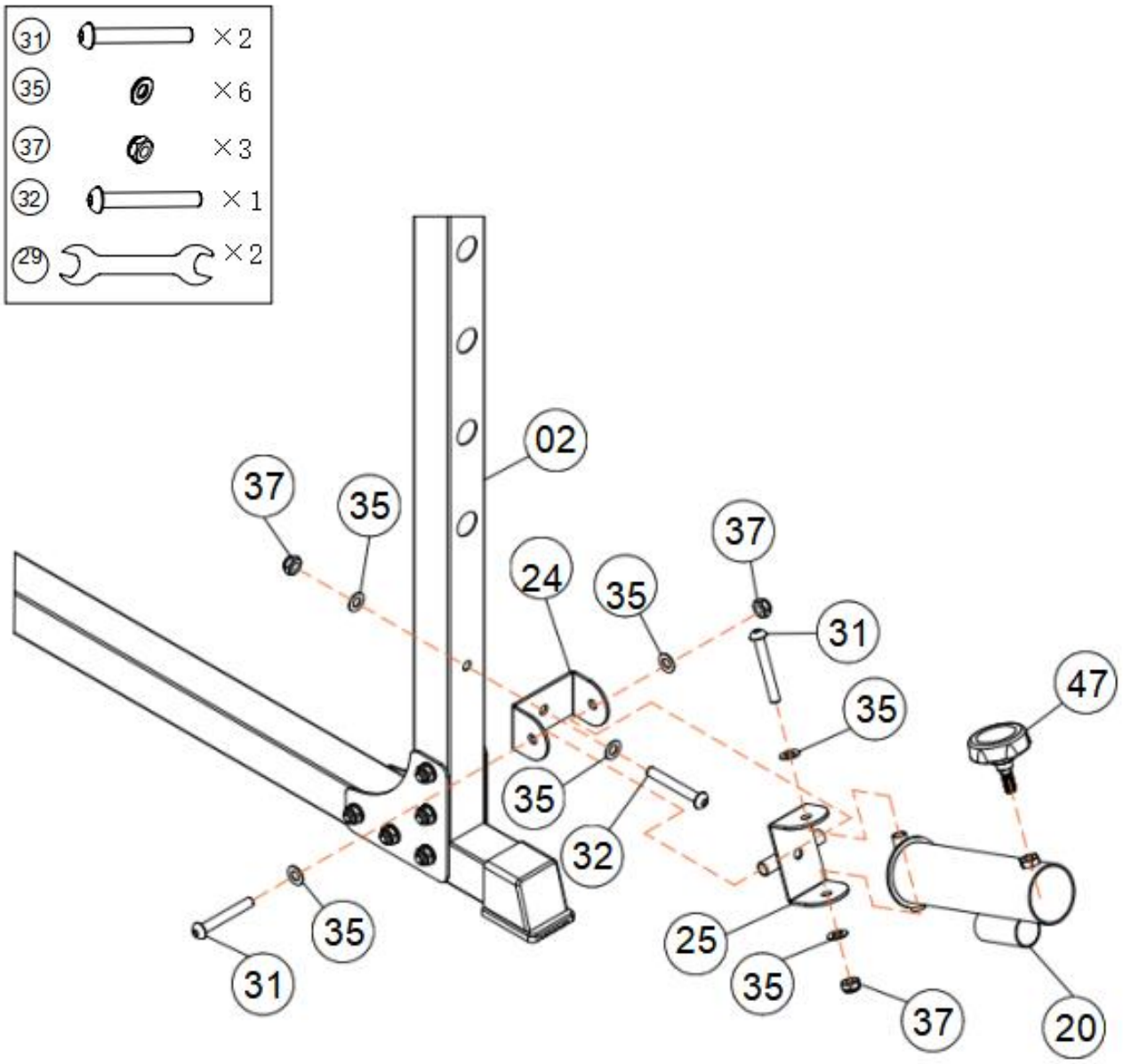
As shown in the figure: Use 10 Bolts (28), 4 Triangular Pieces (21), 10 Washers (35), and 10 Nylon Nuts (37) to secure 2 Upper Connecting Pipes (03) and 2 Risers (02).

STEP-8



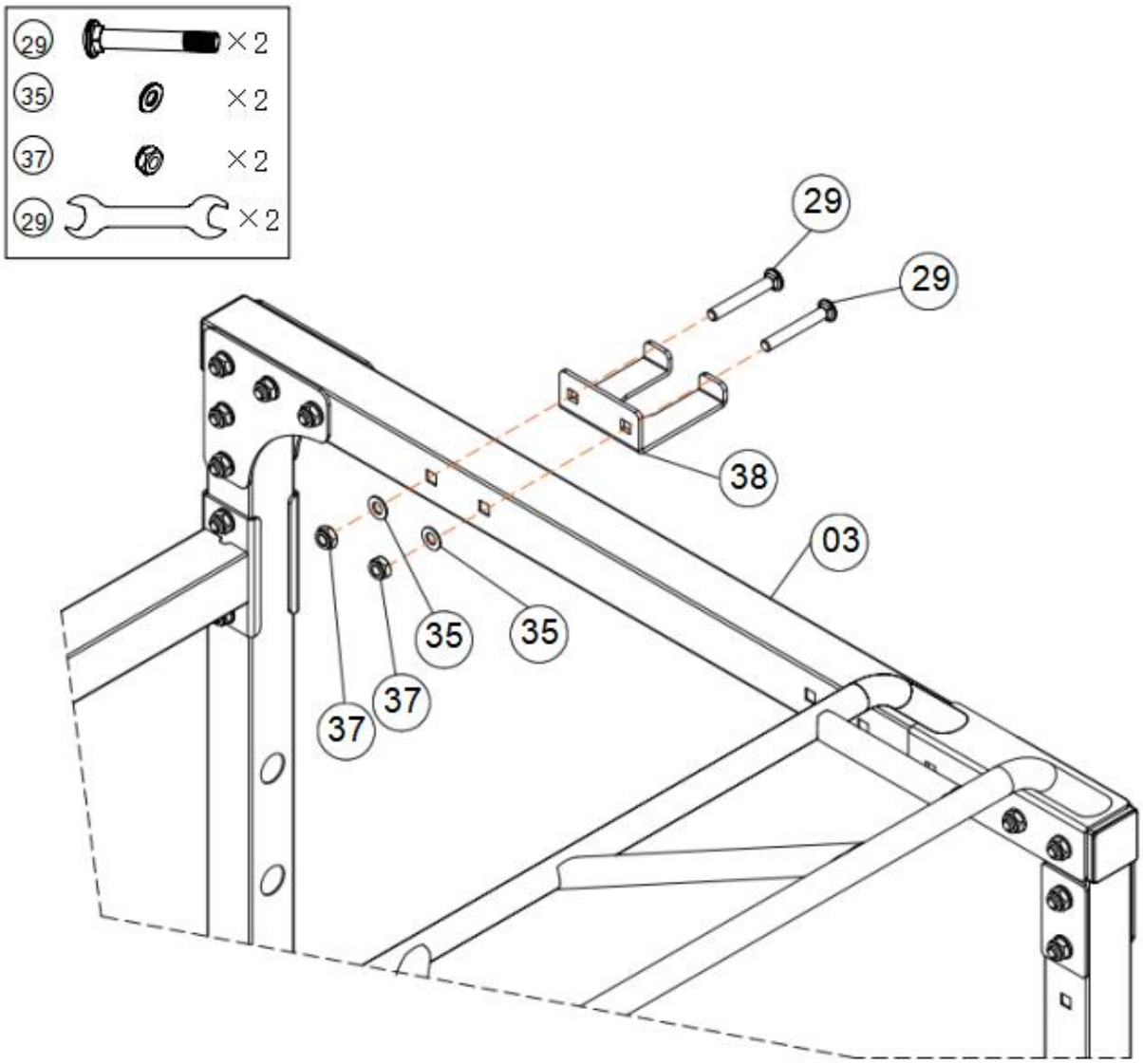
As shown in the figure: Fix the beam tube (14) and cross-connecting pipe (13) with one bolt (28), one washer (35), and one nylon nut (37). Fix the beam tube (14) and guide rod (15) with two bolts (34) and two washers (35).

STEP-9



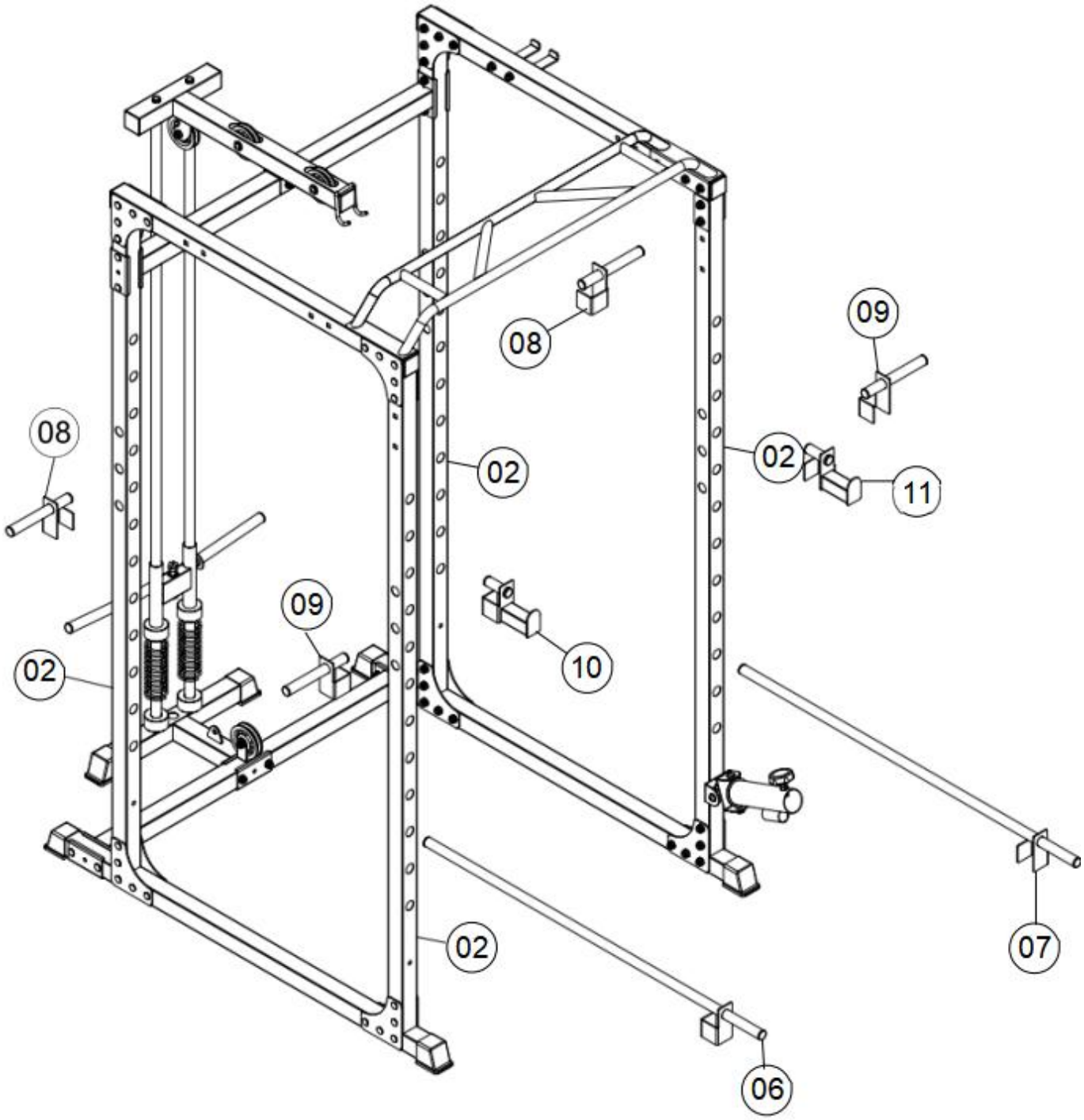
As shown in the figure: fix the U-shaped clip (24) and Riser (02) with 1 Bolt (32), 2 Washers (35), and 1 Nylon Nut (37). Fix the U-shaped clip (25) and U-shaped clip (24) with 1 bolt (31), 2 washers (35), and 1 nylon nut (37). Fix the universal joint (20) and U-shaped clip (25) with 1 bolt (31), 2 washers (35), and 1 nylon nut (37).

STEP-10



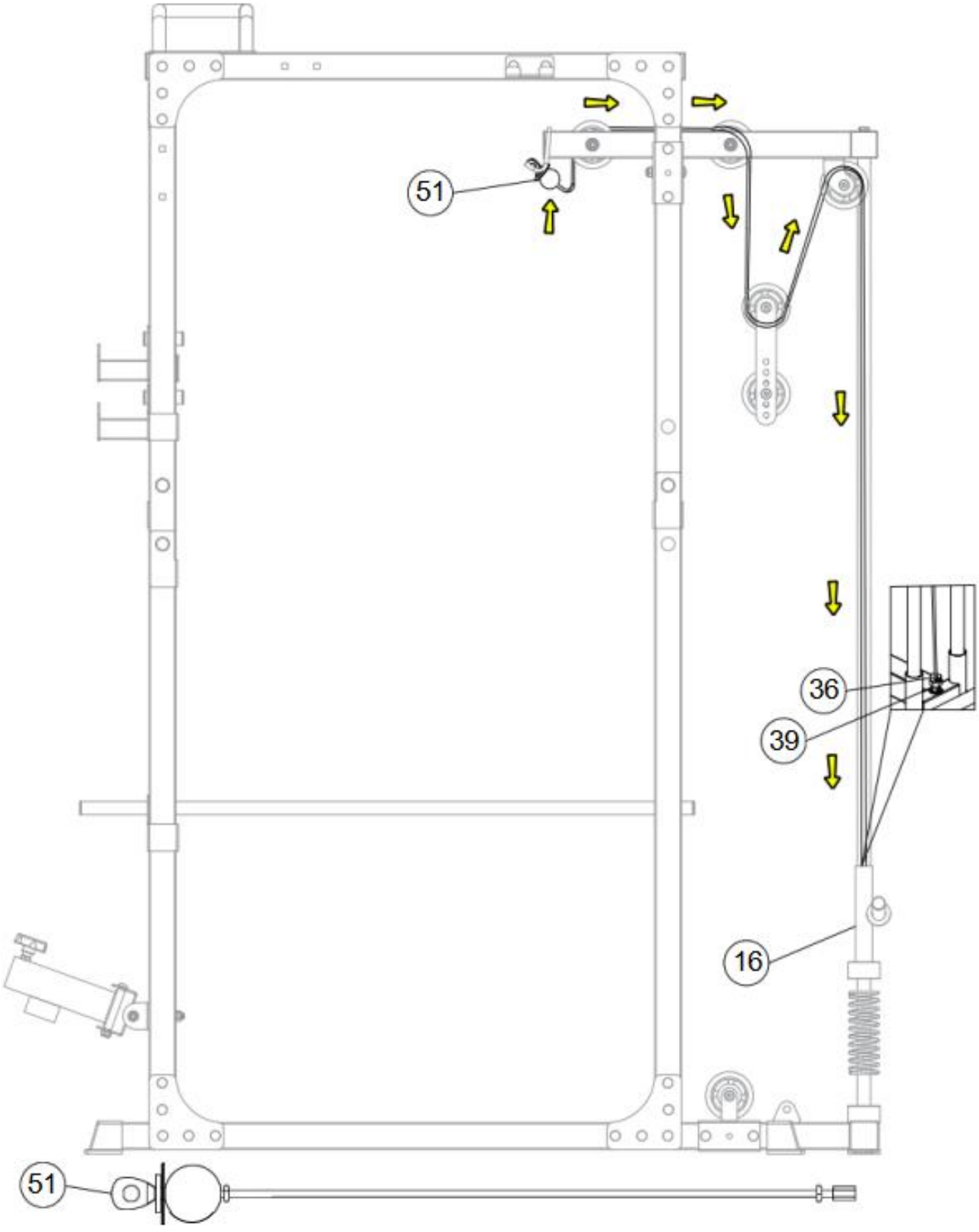
As shown in the figure: Fix the hook plate (38) and upper connecting pipe (03) using 2 bolts (29), 2 washers (35), and 2 nylon nuts (37).

STEP-11



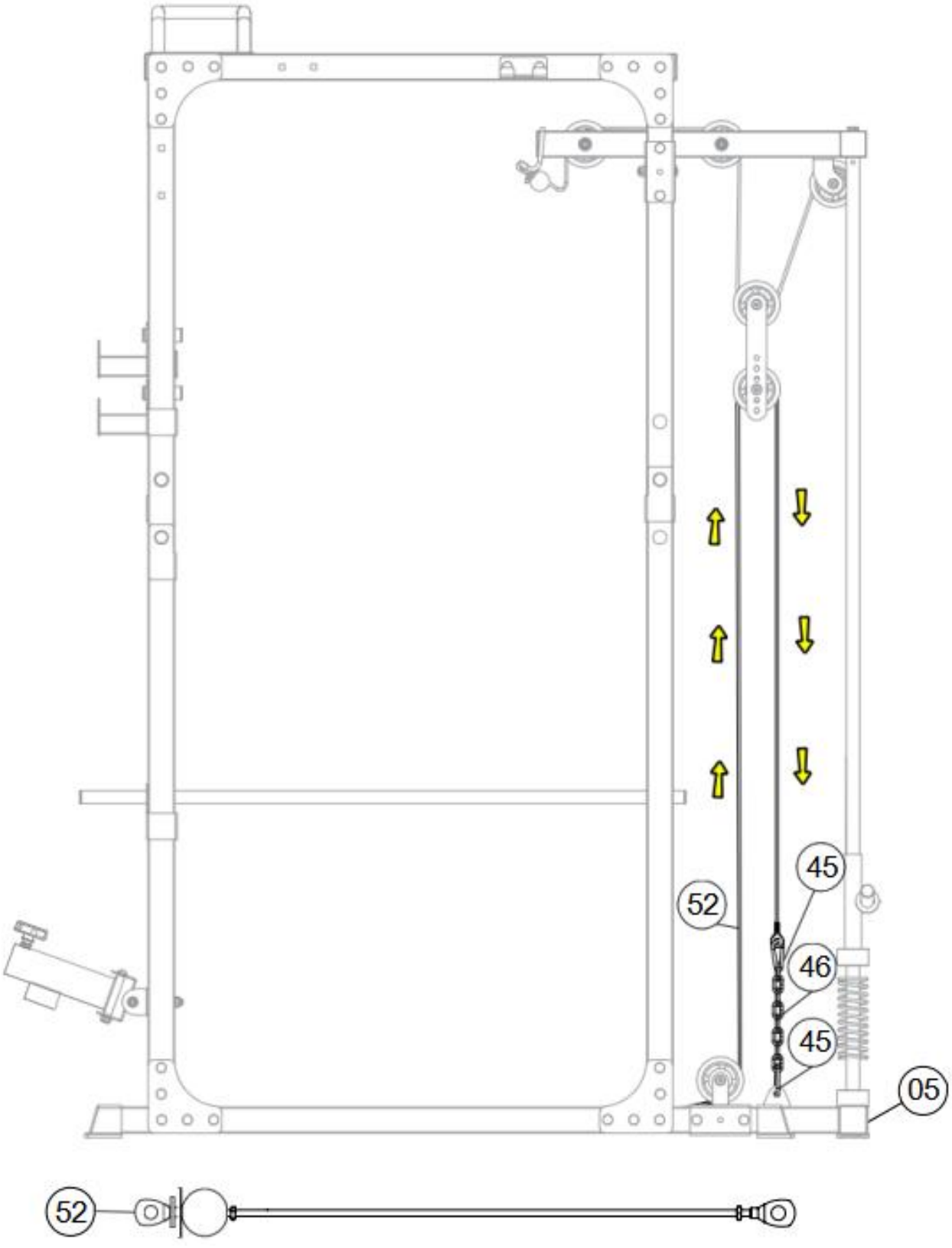
As shown in the figure: Insert Dumbbell long valve stem-R (06), Dumbbell long valve stem-L (07), 2 Dumbbell Short Stop Pipe-R (08), 2 Dumbbell Short Stop Pipe-L (09), Dumbbell sleeve-R (10), and Dumbbell sleeve-L (11) into the Riser (02) and adjust to the appropriate height for use.

STEP-12



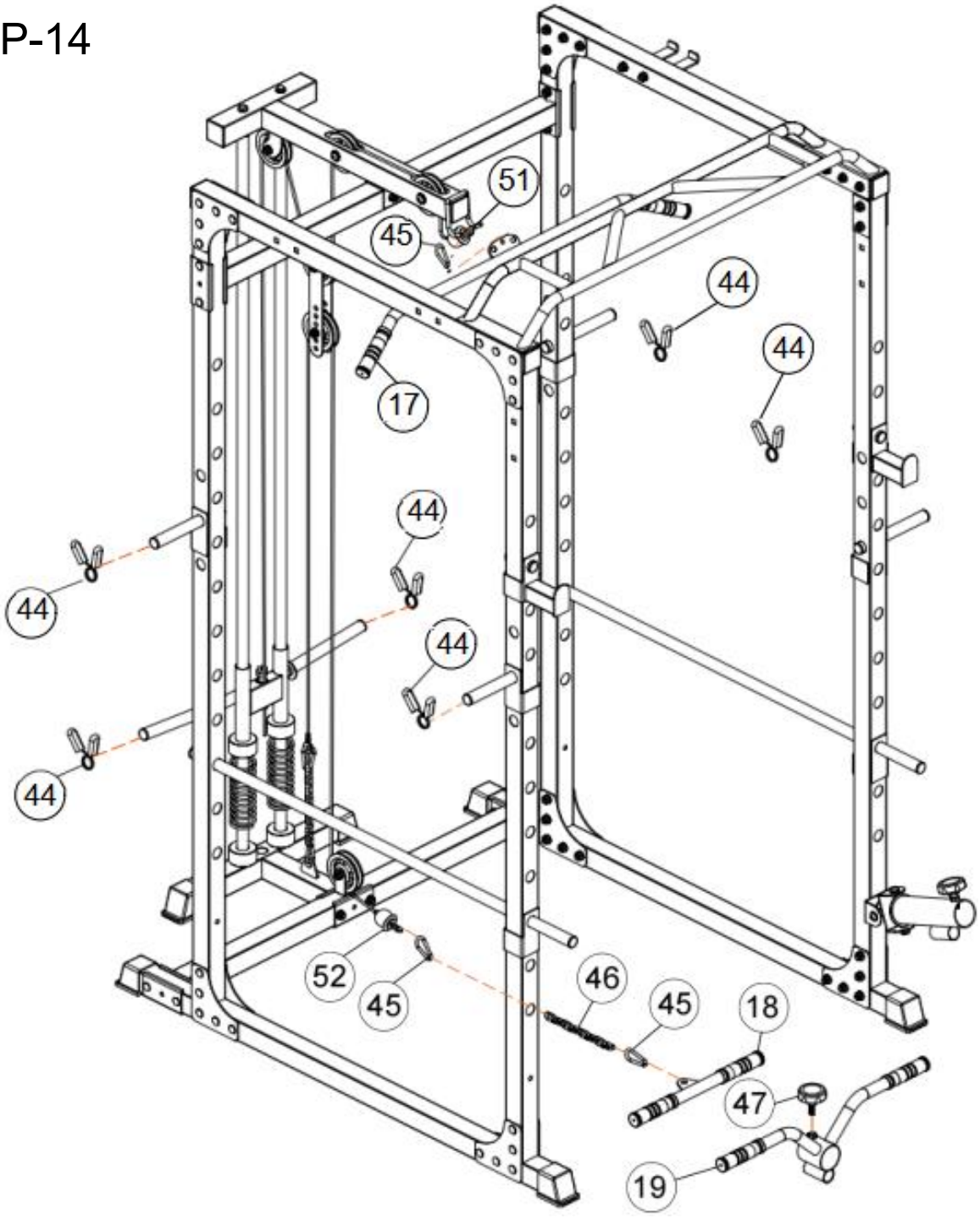
Install Steel wire rope-1 (51) according to the direction of the arrow. Install Steel wire rope-1 (51) into Bolt (36) and Nut (39), and secure it onto the Slide tube assembly (16).

STEP-13



As shown in the figure: Install Steel wire rope-2 (52) following the direction of the arrows, then secure Steel wire rope-2 (52) and Horizontal bottom pipe (05) using 2 carabiners (45) and 1 chain (46).

STEP-14

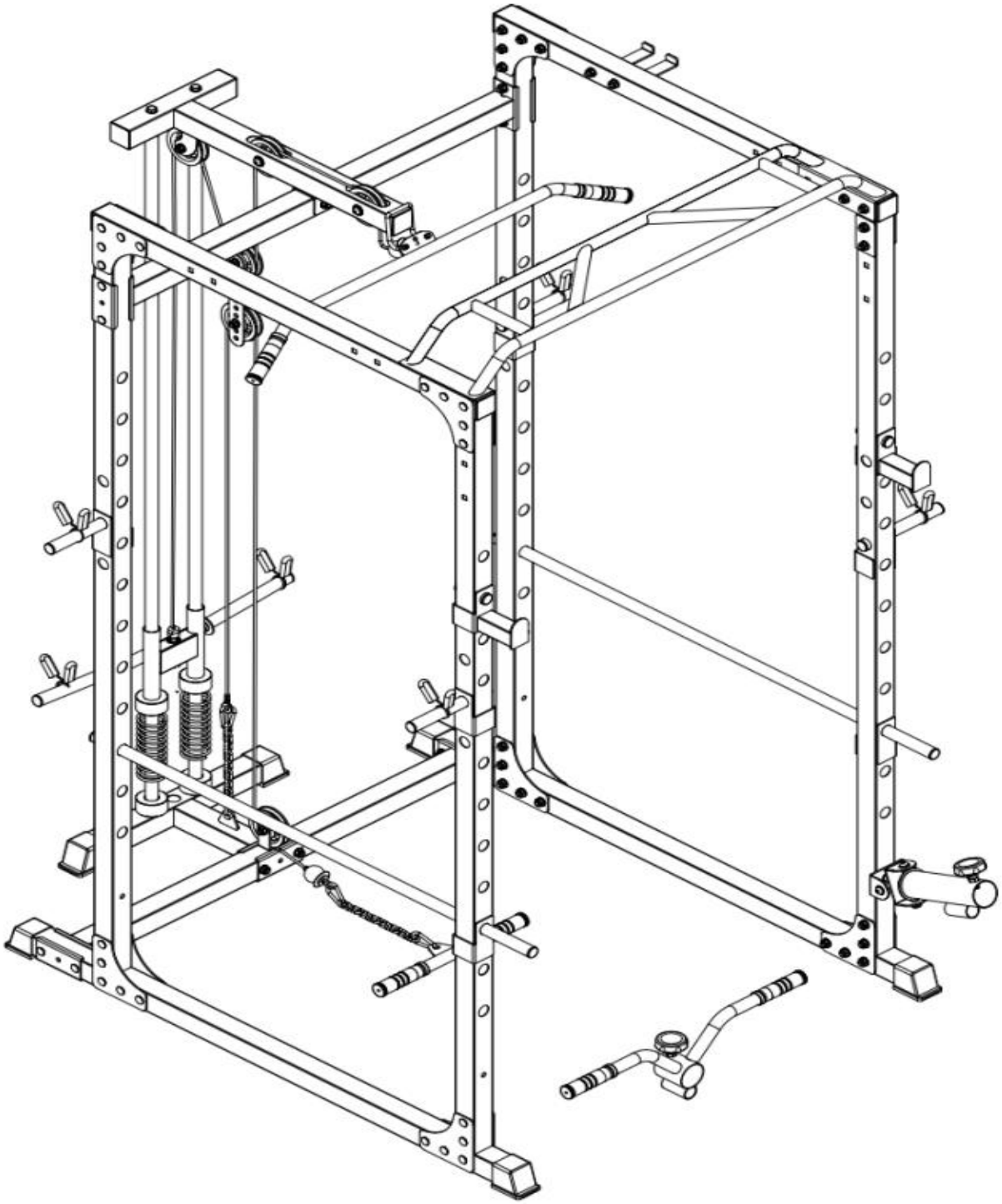


As shown in the figure: Secure the low drop pipe (18) and steel wire rope-2 (52) with 2 carabiners (45) and a chain (46), and secure (17) and steel wire rope-1 (51) with one carabiner (45). In the figure, place the spring clip (44) and lifting tube (19) on the appropriate equipment for use.

CAUTION: Before using, please reconfirm that each part is tight and firm, and the machine is stable on the ground.

BODYFLEX®

ФИТНЕС КЛЕТКА
CAGE 770



ART. BF-CAGE770

Моля, прочетете внимателно това ръководство преди сглобяване и употреба на уреда. Спазвайте стриктно инструкциите за монтаж, настройка и безопасна експлоатация. При въпроси или липсващи части се свържете с наш консултант.

ОСНОВНА ИНФОРМАЦИЯ

Тази фитнес клетка е предназначена само за домашна употреба. Уредът е предназначен за силови упражнения с лост, собствено тегло и приставки, в зависимост от окомплектовката на модела.
Неправилната употреба, прекомерното натоварване, липсата на загряване, резките движения или неправилният монтаж могат да доведат до нараняване и повреда на уреда.
Преди започване на тренировки се консултирайте с лекар, особено ако имате сърдечно-съдови оплаквания, високо кръвно налягане, ставни или ортопедични проблеми.
Производителят и продавачът не носят отговорност за щети, повреди или наранявания, причинени от неправилен монтаж, неправилна употреба, недостатъчна поддръжка или използване на уреда не по предназначение.
Препоръчително е сглобяването да се извърши от най-малко двама технически грамотни души.

ИНСТРУКЦИИ ЗА БЕЗОПАСНОСТ

Използвайте уреда само в сухи, чисти и добре проветриви помещения.
Поставете уреда върху твърда, равна и стабилна повърхност.
Осигурете достатъчно свободно пространство около уреда за безопасно сглобяване и тренировка.
Преди всяка употреба проверявайте дали всички болтове, гайки, щифтове, предпазни опори, куки и подвижни елементи са правилно монтирани и добре затегнати.
Не използвайте уреда при наличие на разхлабени, износени, деформирани или повредени части.
При работа с лост винаги настройвайте предпазните опори и държачите на подходяща и симетрична височина.
Не превишавайте максимално допустимото натоварване, посочено от производителя.
Не поставяйте ръце и пръсти в близост до подвижни части, ролки, жила и водачи.
Не допускайте деца и домашни любимци в близост до уреда по време на тренировка.
Носете подходящо спортно облекло и обувки. Не носете широки дрехи, които могат да се закачат в подвижни части.
При замаяност, гадене, болка в гърдите, задух или друго неразположение, прекратете тренировката незабавно и при нужда потърсете медицинска помощ.

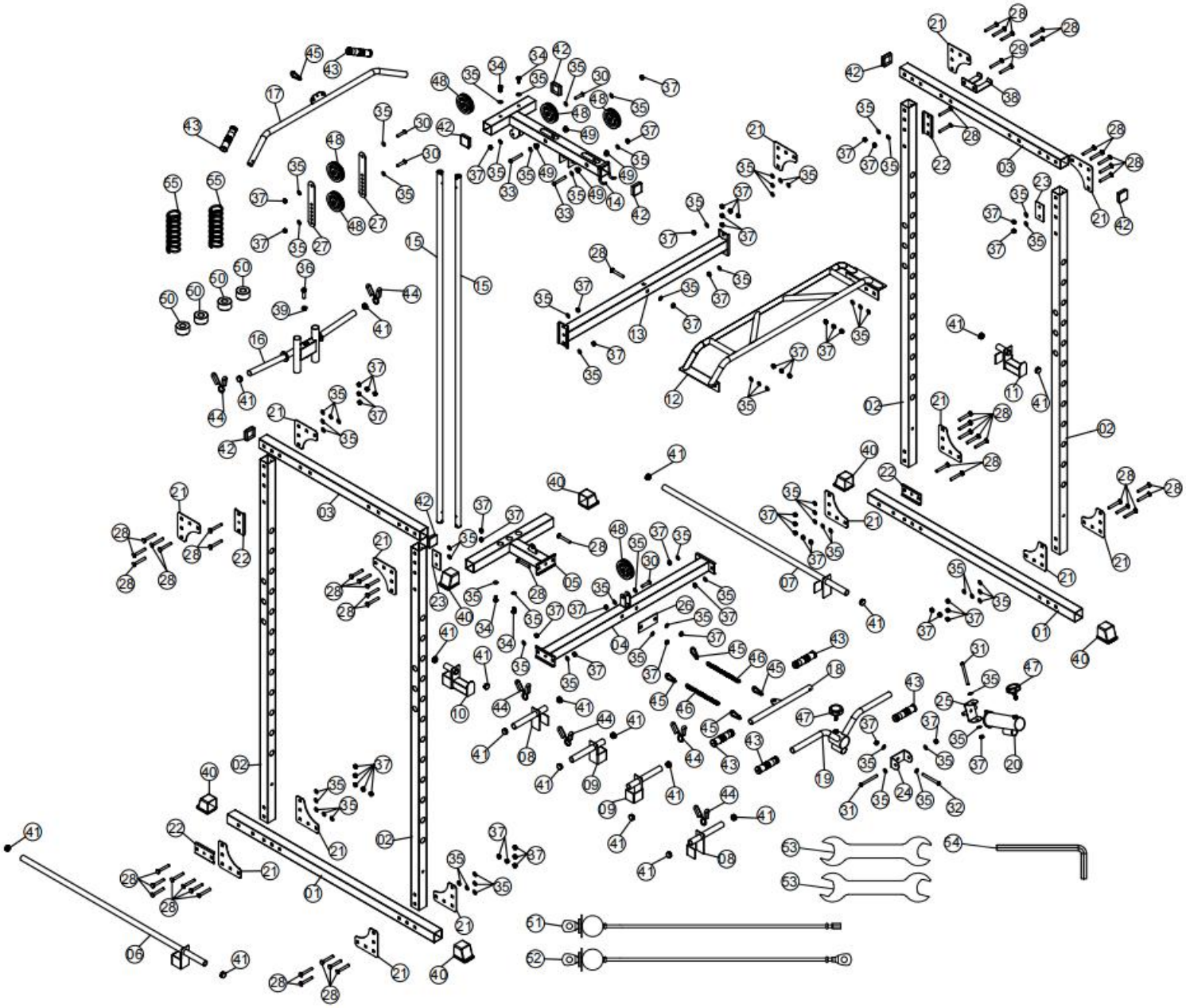
ПОДГОТОВКА ЗА СГЛОБЯВАНЕ

Осигурете достатъчно свободно пространство за монтаж. Отворете опаковката внимателно и проверете всички части по схемата в упътването. Някои елементи може да бъдат предварително монтирани към основните компоненти.
Препоръчва се монтажът да се извършва от двама души, тъй като част от елементите са тежки и обемни.

УПОТРЕБА И ПОДДРЪЖКА

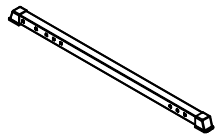
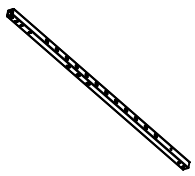
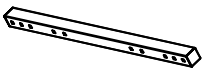
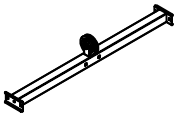
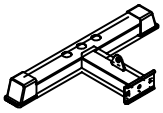
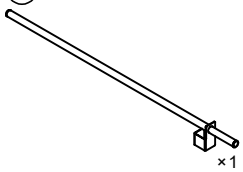
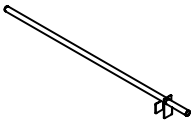
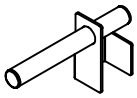
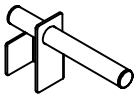
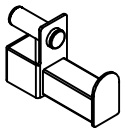
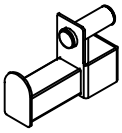
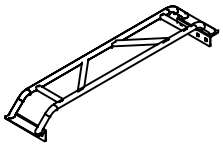
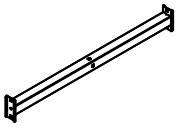
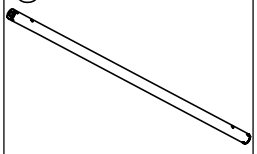
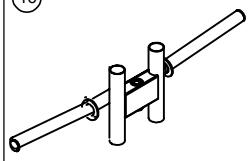
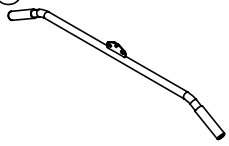
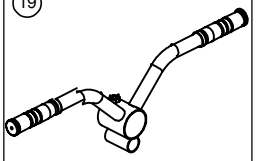
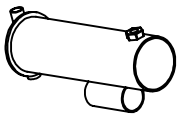
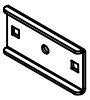
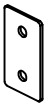
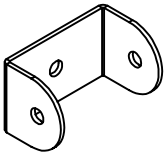
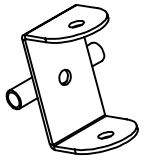
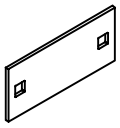
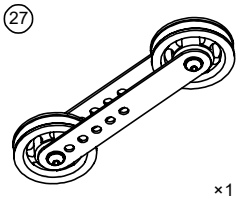
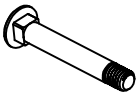
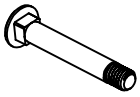
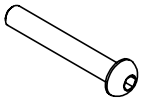
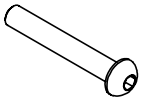
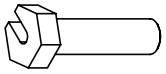
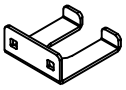
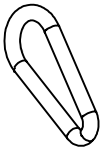
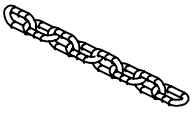
Преди всяка употреба проверявайте общото състояние на уреда. При установяване на повреда не използвайте продукта до отстраняване на проблема.
Почиствайте само с мека влажна кърпа. Не използвайте агресивни почистващи препарати.
Съхранявайте уреда само в сухи и чисти помещения. Не го излагайте на влага, вода, слънце или продължително ниски температури, тъй като това може да доведе до корозия и повреда.
Запазете това ръководство за бъдеща справка и при необходимост от поръчка на резервни части.

Схема на частите



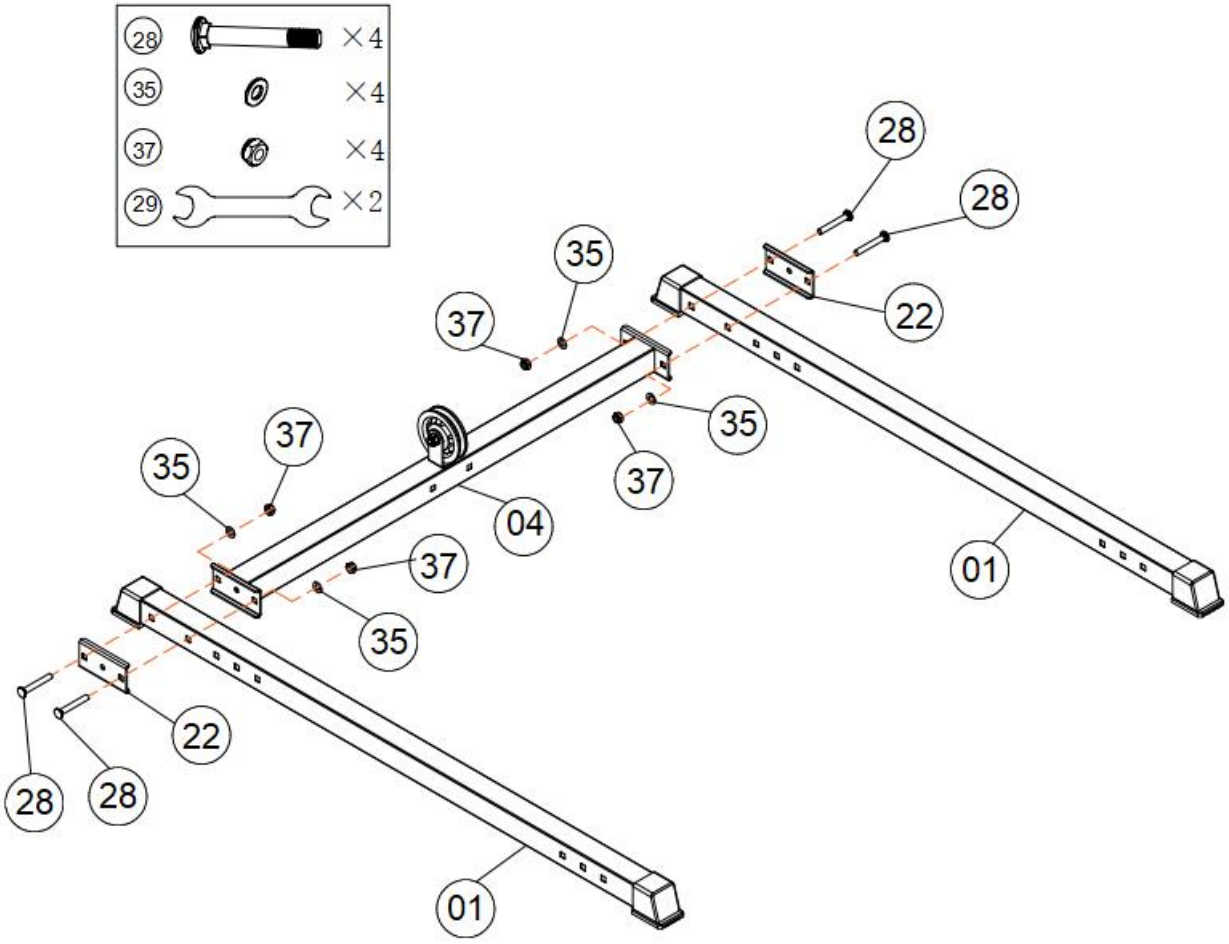
СПИСЪК НА ЧАСТИТЕ

№	Описание.	Бр.	№	Описание.	Бр.
01	Основа	2	29	Болт-М10 ×65	2
02	Стойка	4	30	Болт-М10 ×45	4
03	Горна свърз. тръба	2	31	Болт-М10 ×100	2
04	Долна хориз. тръба	1	32	Болт-М10 ×70	1
05	Долна хориз. тръба	1	33	Болт-М10 ×70	2
06	Дълъг щифт-R	1	34	Болт-М10 ×20	4
07	Дълъг щифт-L	1	35	Шайба-М10	59
08	Къса стоп тръба-R	2	36	Болт-М12×45	1
09	Къса стоп тръба-L	2	37	Самозаконтряща гайка-М10	56
10	Втулка-R	1	38	Кука-планка	1
11	Втулка-L	1	39	Гайка-М12	1
12	Гъвкав маркуч	1	40	Капачка крак-50×50	/
13	Напречна свърз. тръба	1	41	Крайна капачка-Ø25	/
14	Гредова тръба	1	42	Крайна капачка-50×50	/
15	Водач	2	43	Ръкохватка-Ø25	/
16	Плъзгащ модул	1	44	Пруж. щифт-Ø25	/
17	Гъвкав маркуч	1	45	Карабинер	5
18	Долна тръба	1	46	Верига	2
19	Повдиг. тръба	1	47	Ръкохватка	2
20	Ун. съединение	1	48	Ролка	/
21	Триъг. планка	14	49	Втулка	/
22	U-скоба	4	50	Буфер	4
23	Накрайник	2	51	Стом. жило-1	1
24	U-скоба	1	52	Стом. жило-2	1
25	U-скоба	1	53	Ключ	2
26	Фикс. планка	1	54	Ключ	1
27	Подложка	1 чифт	55	Пружина	2
28	Болт-М10 ×70				

01  ×2	02  ×4	03  ×2	04  ×1	05  ×1
06  ×1	07  ×1	08  ×2	09  ×2	10  ×1
11  ×1	12  ×1	13  ×1	14  ×1	15  ×2
16  ×1	17  ×1	18  ×1	19  ×1	20  ×1
21  ×14	22  ×4	23  ×2	24  ×1	25  ×2
26  ×1	27  ×1	28  ×51	29  ×2	31  ×2
32  ×1	34  ×4	35  ×59	36  ×1	37  ×56
38  ×1	39  ×1	44  ×6	45  ×5	46  ×2
47 ×2	50 ×4	51 ×1	52 ×1	53 ×2
54 ×1	55 ×2			

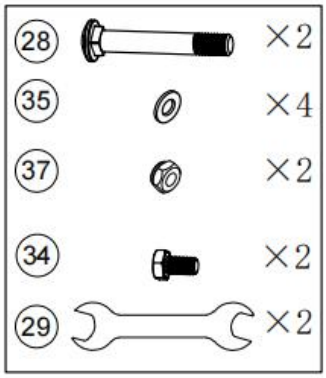
ИНСТРУКЦИИ ЗА МОНТАЖ!
Следвайте стриктно схемите за монтаж, посочени долу в упътването. Не затягайте окончателно всички болтове в началото. Първо сглобете основната конструкция, нивелирайте уреда и след това затегнете здраво всички съединения окончателно.
След приключване на монтажа проверете:
всички болтове, гайки и фиксатори; предпазните опори и държачите;
подвижните механизми, ролките и жилата, ако моделът разполага с такива;
стабилността на уреда.

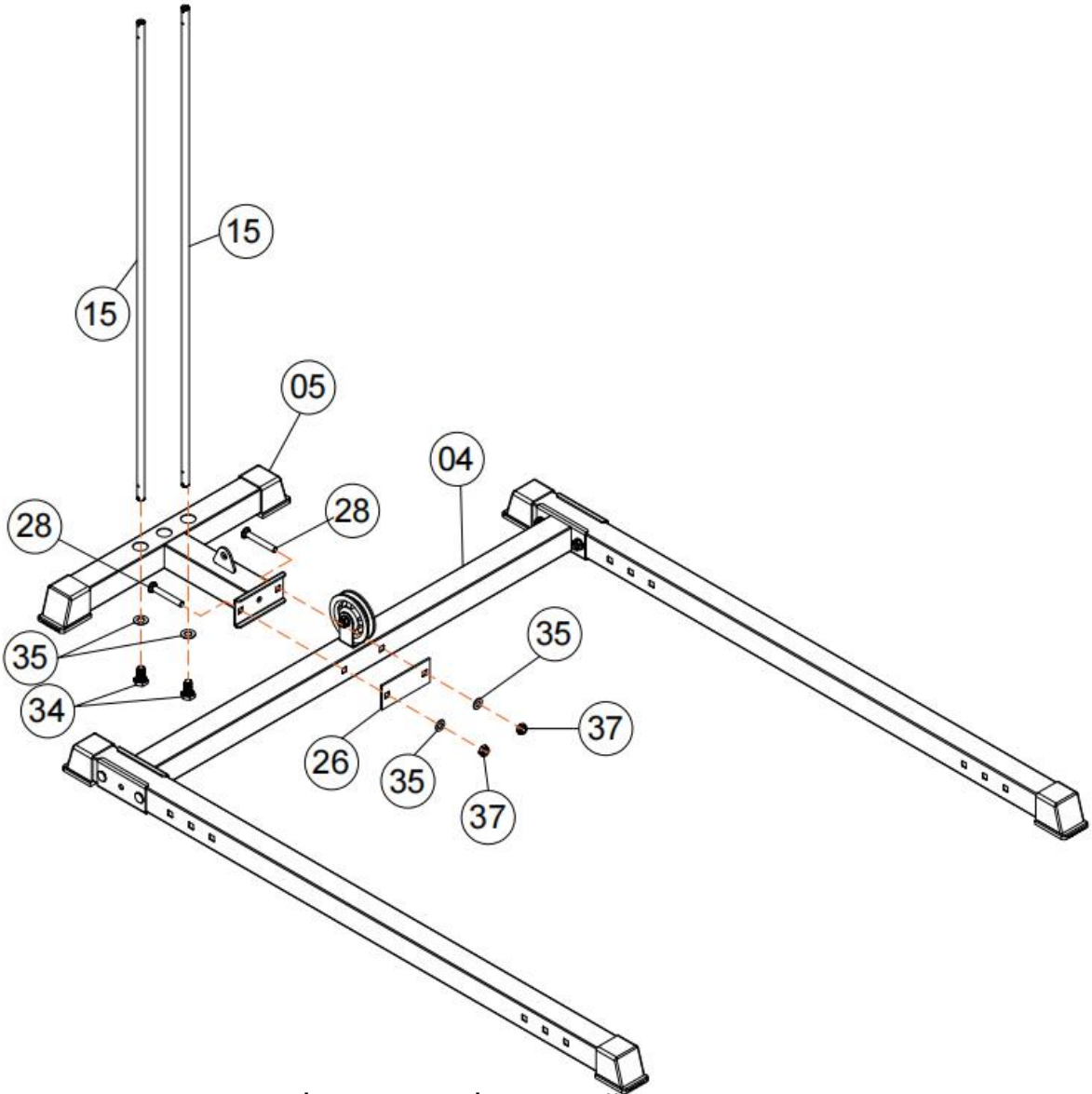
СТЪПКА 1



Както е показано на фигурата: свържете 2-те основни тръби (01) и долната хоризонтална тръба (04), като използвате 2 U-скоби (22), 4 болта (28), 4 шайби (35) и 4 самозаконтрящи гайки (37).

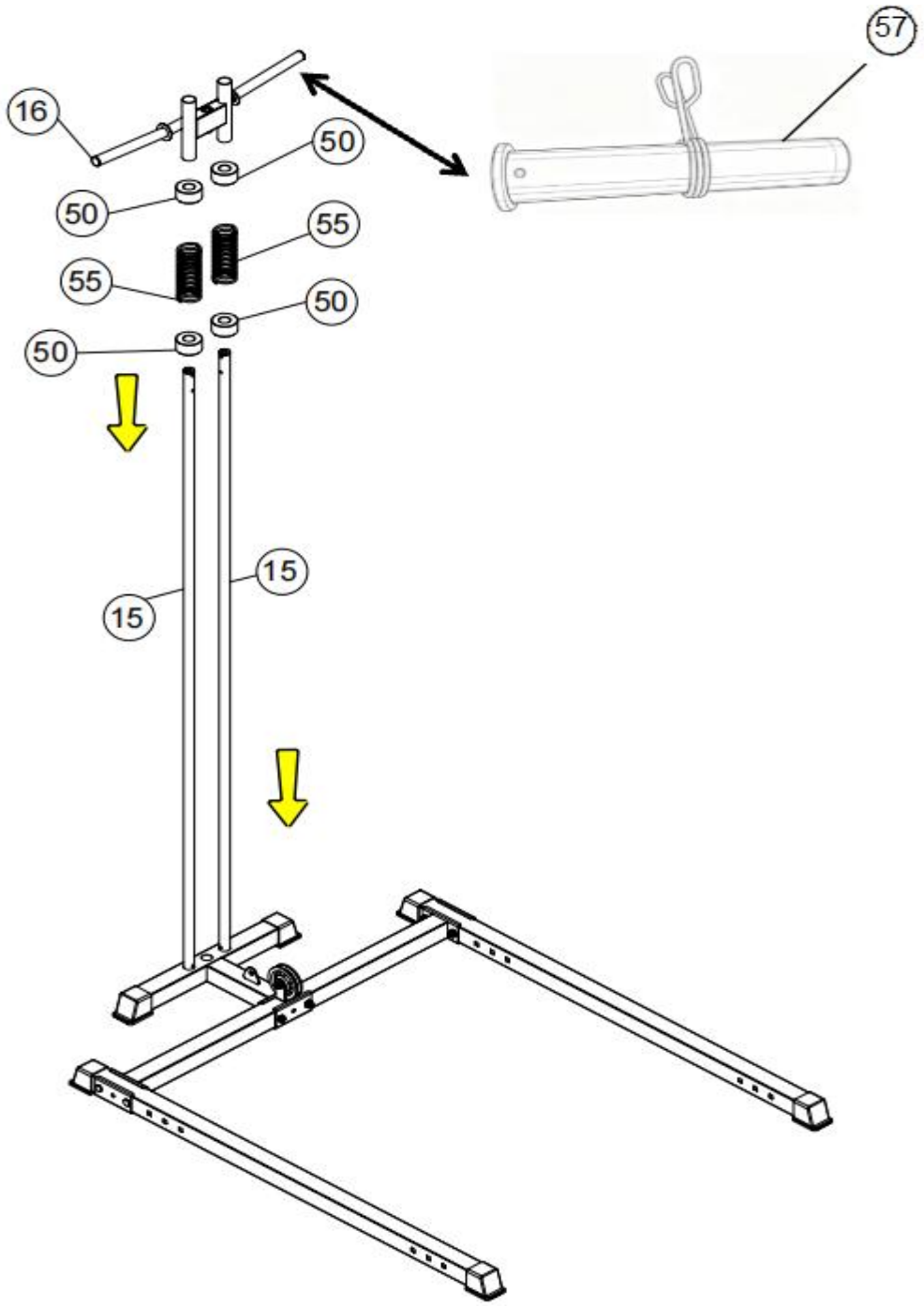
СТЪПКА-2





Както е показано на фигурата: фиксирайте долната хоризонтална тръба (04) и долната хоризонтална тръба (05) с 2 болта (28), 1 фиксираща планка (26), 2 шайби (35) и 2 самозаконтрящи гайки (37). След това фиксирайте 2-та водача (15) към долната хоризонтална тръба (05) с 2 болта (34) и 2 шайби (35).

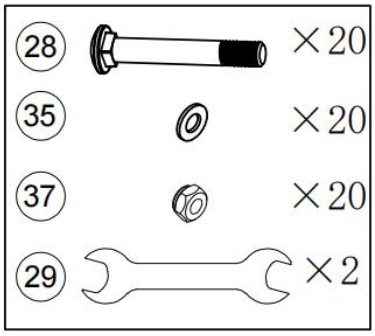
СТЪПКА-3

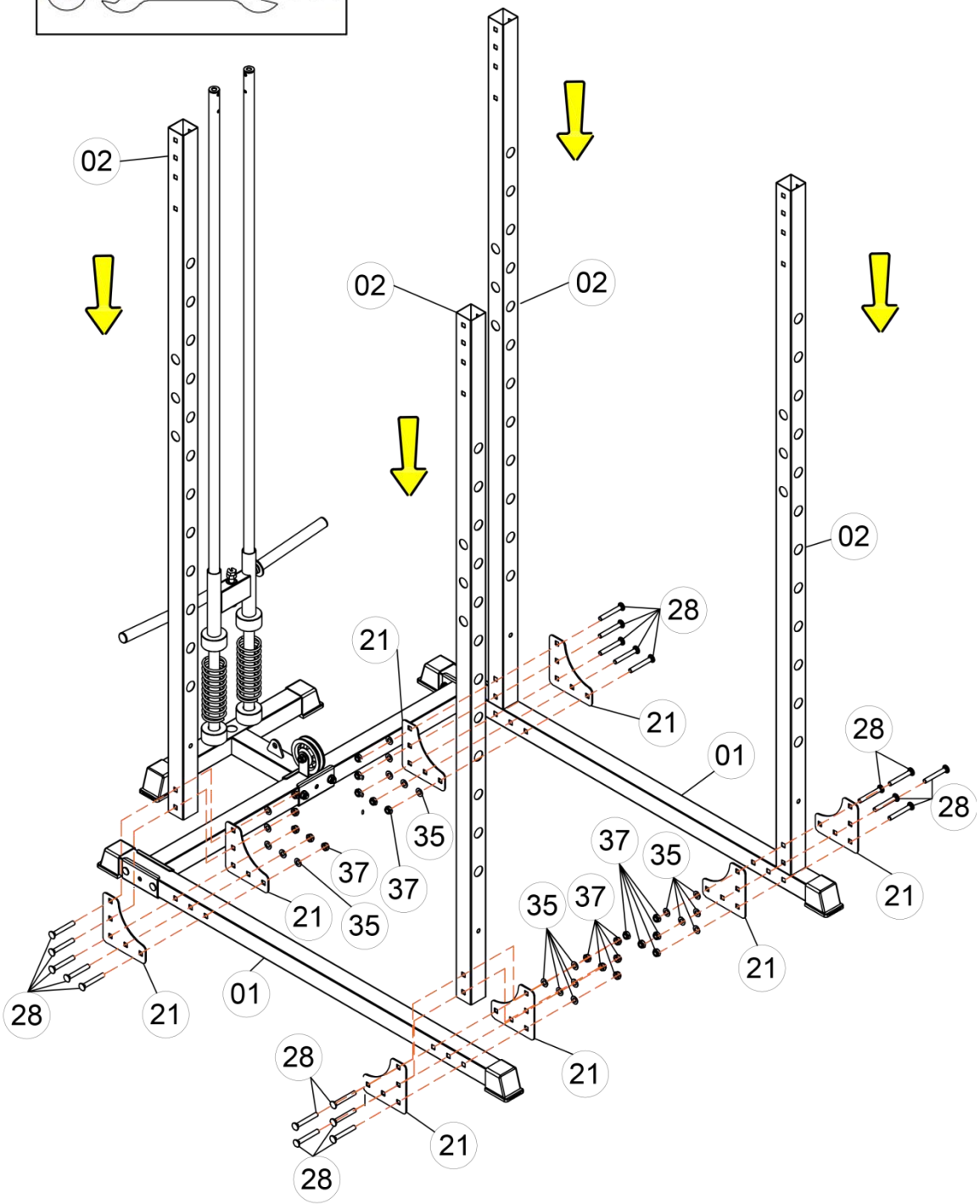


Както е показано на фигурата: поставете 4 буфера (50), 2 пружини (55) и плъзгащия тръбен модул (16) върху 2-та водача (15) в посоката, показана със стрелките.

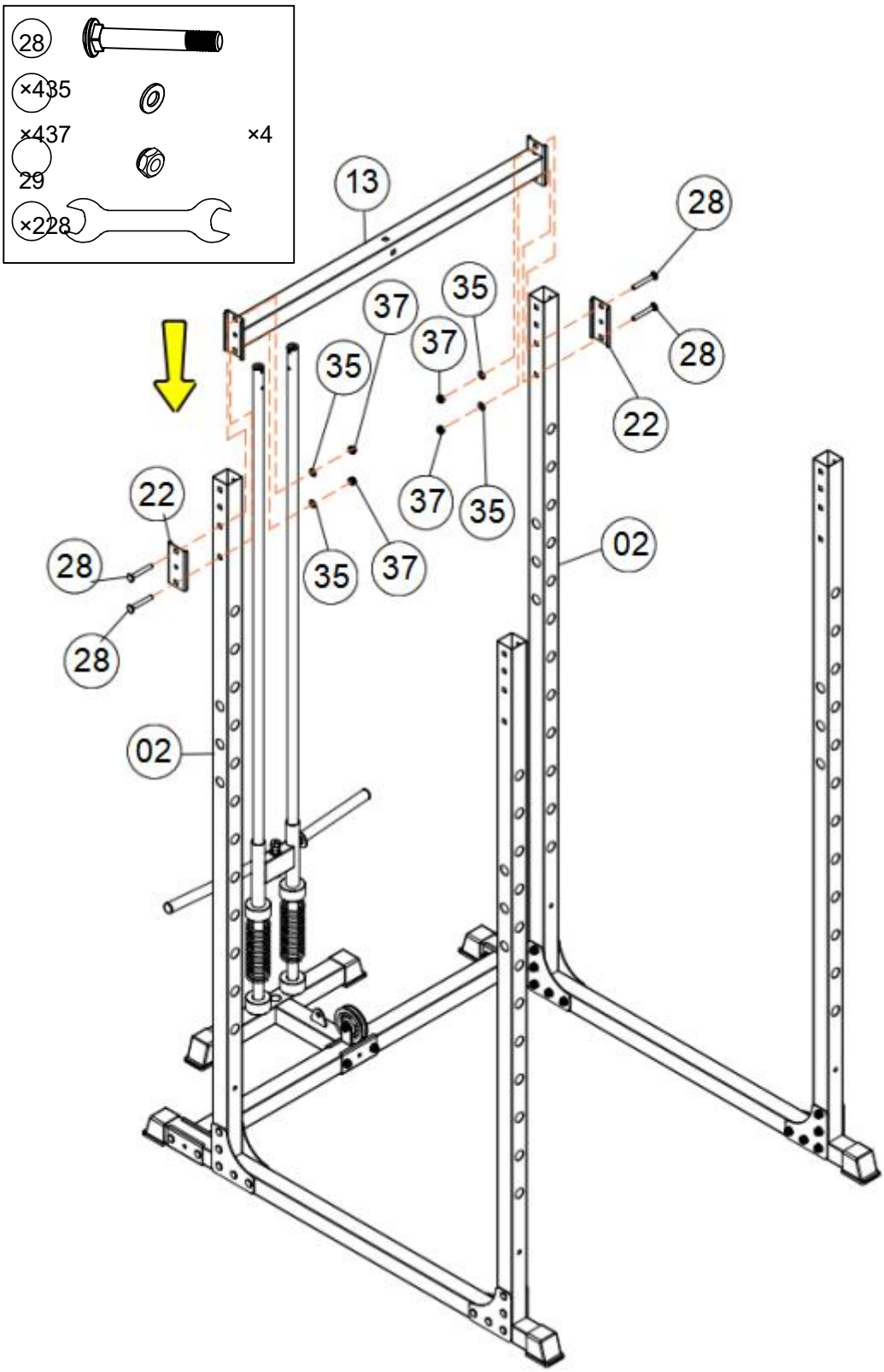
Важно: Поставете втулките (56), само, ако ще ползвате олимпийски дискове с диаметър 50мм.

СТЪПКА-4

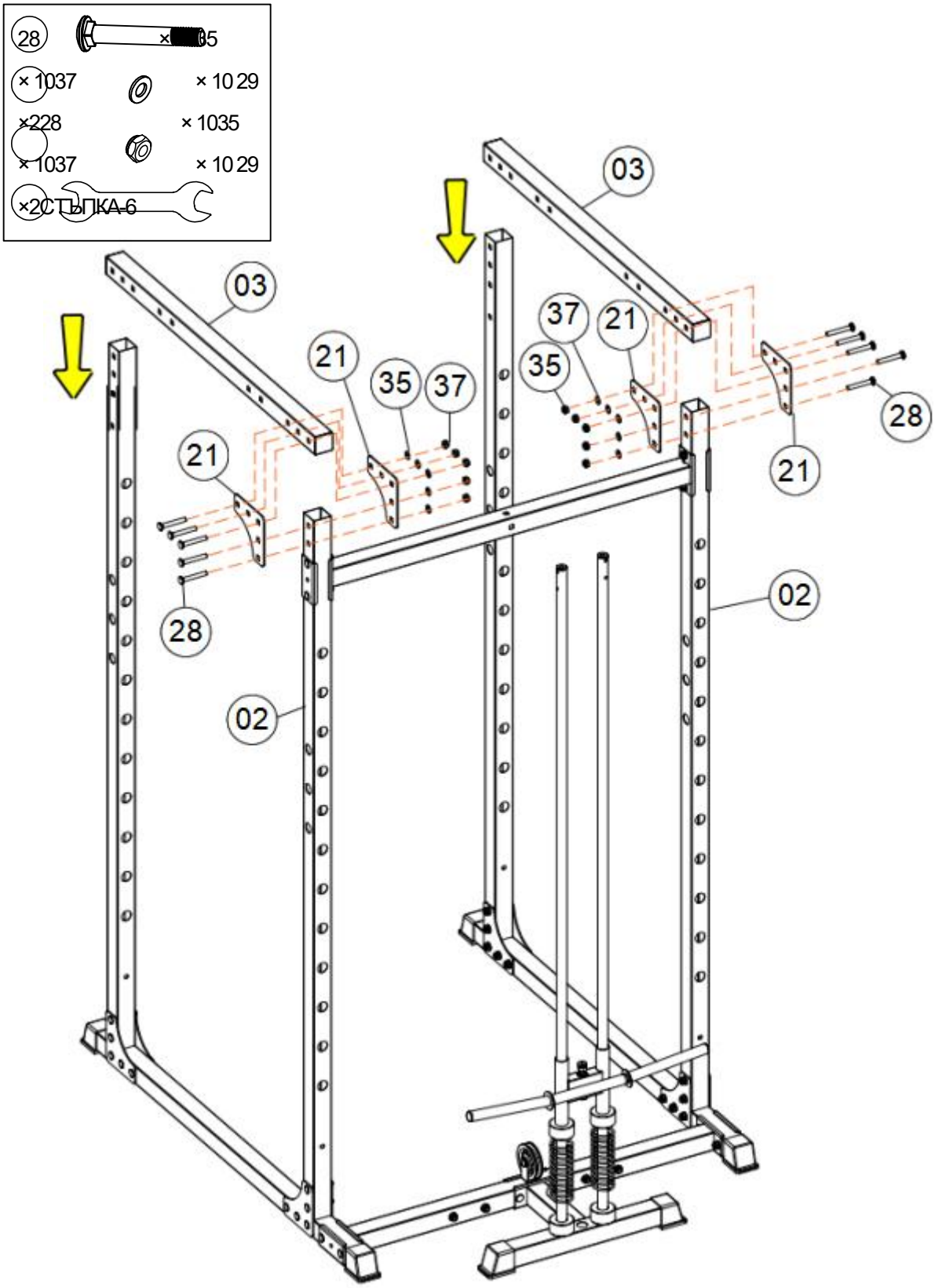




Както е показано на фигурата: фиксирайте 4-те стойки (02) и 2-те основни тръби (01), като използвате общо 20 болта (28), 8 триъгълни планки (21), 20 шайби (35) и 20 самозаконтрящи гайки (37).

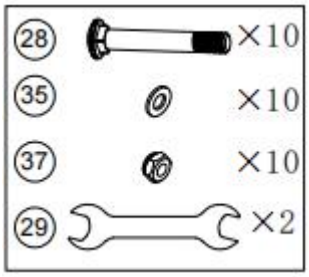


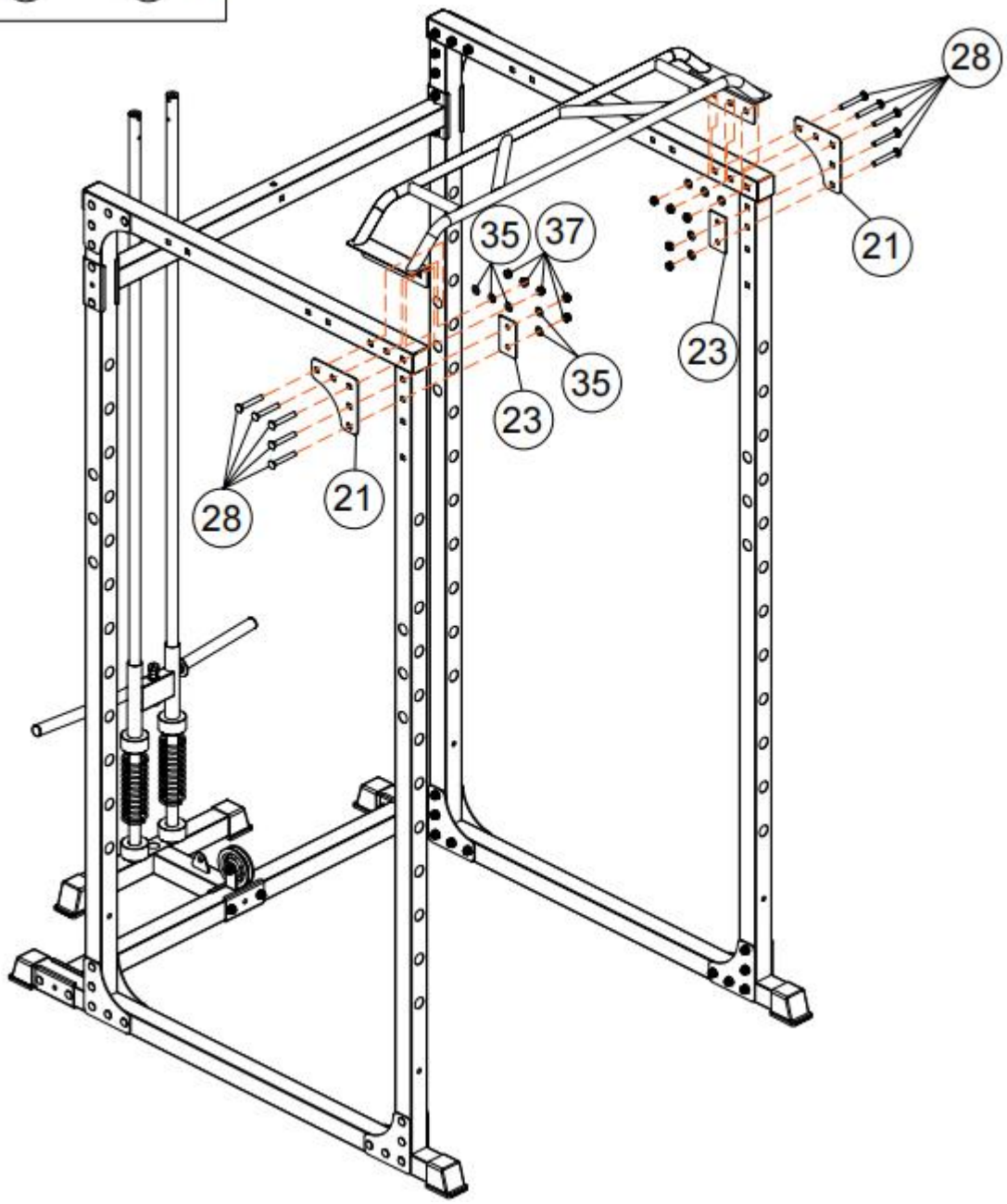
Както е показано на фигурата: фиксирайте напречната свързваща тръба (13) към двете стойки (02), като използвате 4 болта (28), 2 U-скоби (22), 4 шайби (35) и 4 самозаконтрящи гайки (37).



Както е показано на фигурата: използвайте 10 болта (28),
4 триъгълни планки (21), 10 шайби (35) и 10 самозаконтрящи гайки (37),
за да фиксирате 2 горни свързващи тръби (03) към 2 стойки (02).

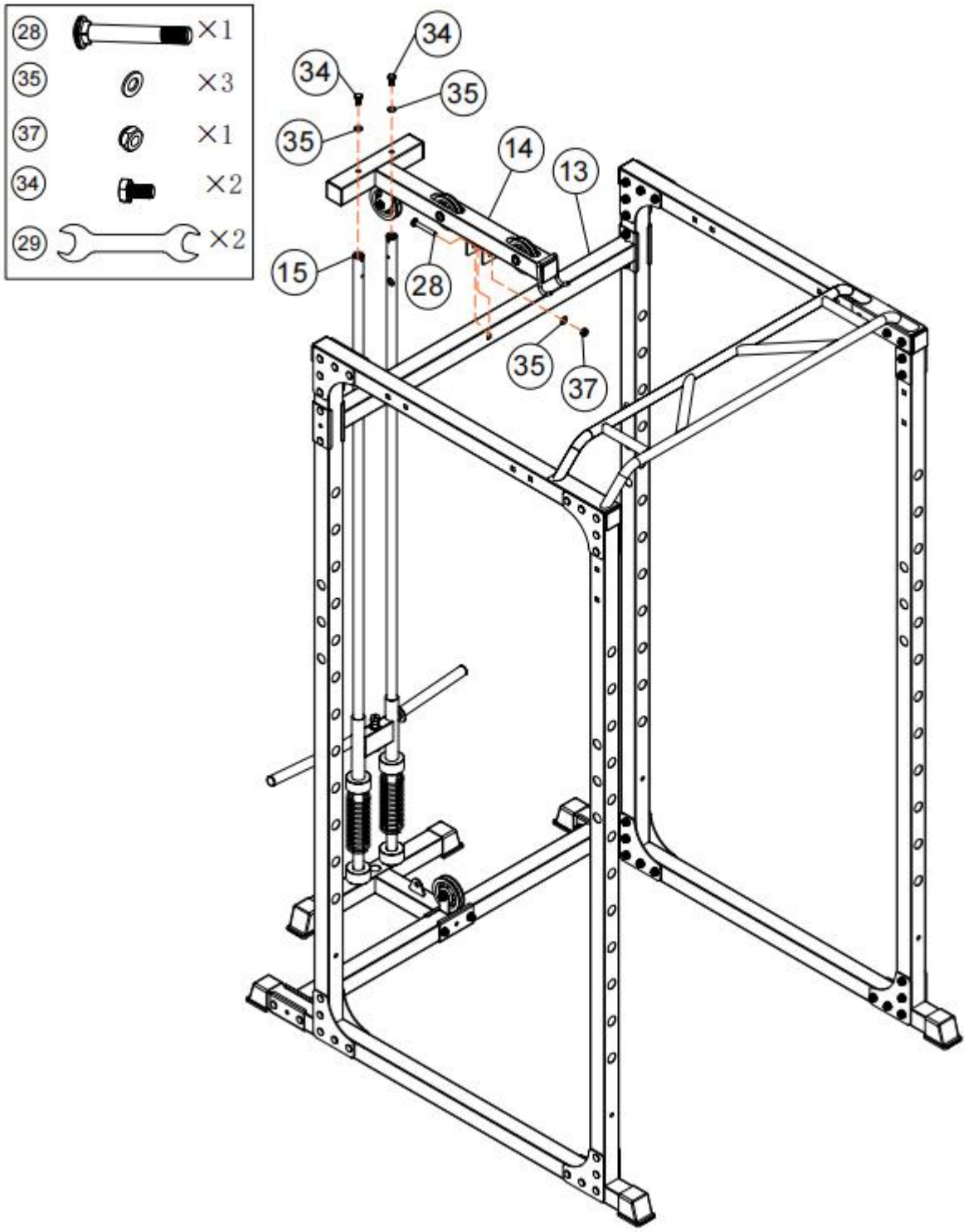
СТЪПКА-7





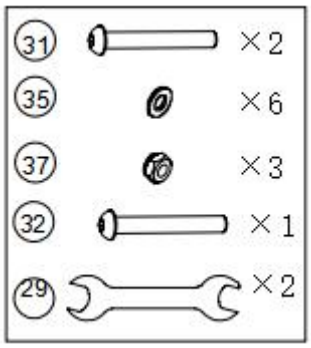
Както е показано на фигурата: използвайте 10 болта (28), 4 триъгълни планки (21), 10 шайби (35) и 10 самозаконтрящи гайки (37),
за да фиксирате 2 горни свързващи тръби (03) към 2 стойки (02).

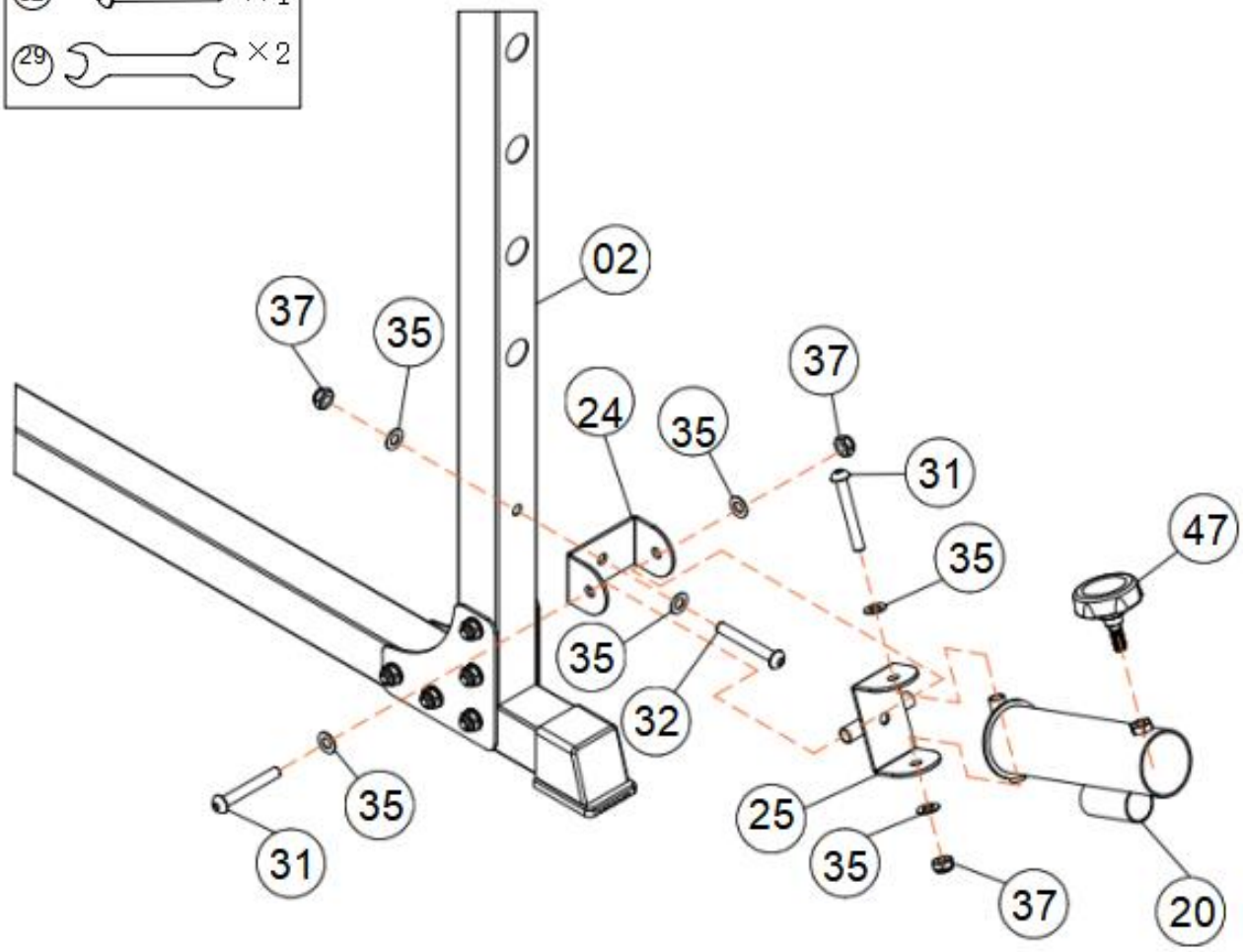
СТЪПКА-8



Както е показано на фигурата: фиксирайте гредовата тръба (14) към напречната свързваща тръба (13) с 1 болт (28), 1 шайба (35) и 1 самоз аконтряща гайка (37).
Фиксирайте гредовата тръба (14) към водача (15) с 2 болта (34) и 2 ша йби (35).

СТЪПКА-9



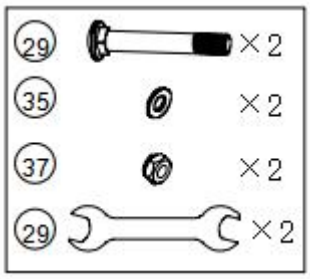


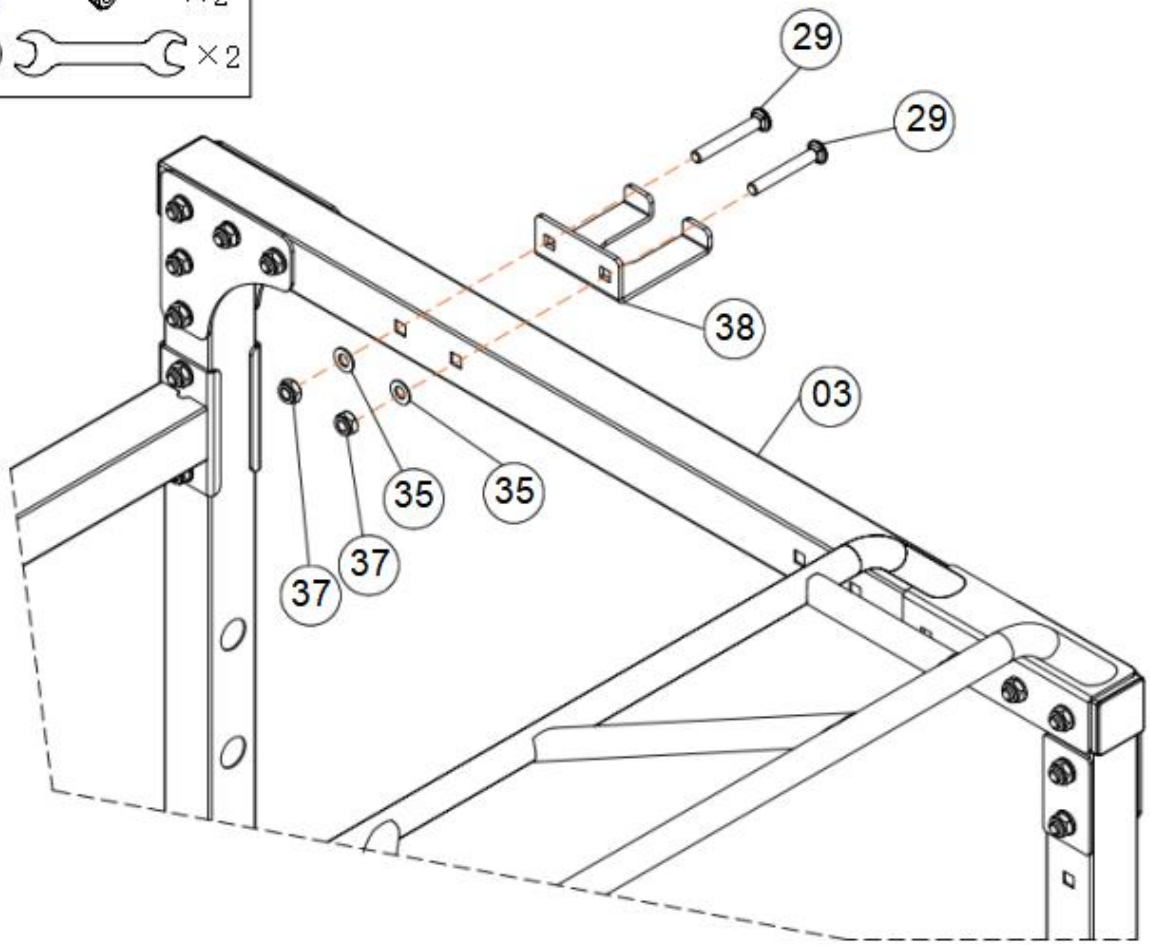
Както е показано на фигурата: фиксирайте U-скобата (24) към стойкат а (02) с 1 болт (32), 2 шайби (35) и 1 самозаконтряща гайка (37).

Свържете U-скобата (25) към U-скобата (24) с 1 болт (31), 2 шайби (35) и 1 самозаконтряща гайка (37).

Фиксирайте универсалното съединение (20) към U-скобата (25) с 1 бо лт (31), 2 шайби (35) и 1 самозаконтряща гайка (37).

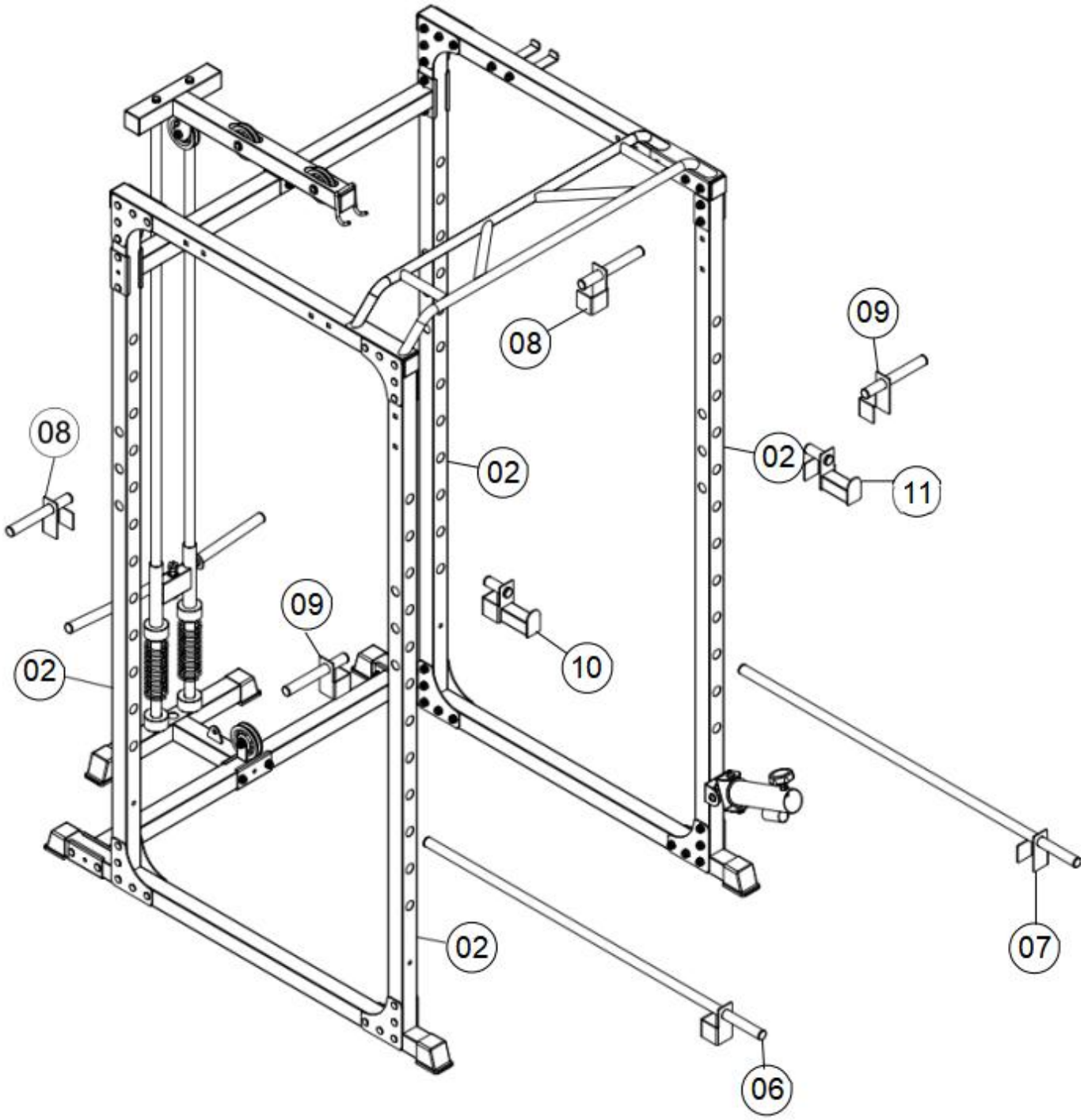
СТЪПКА-10





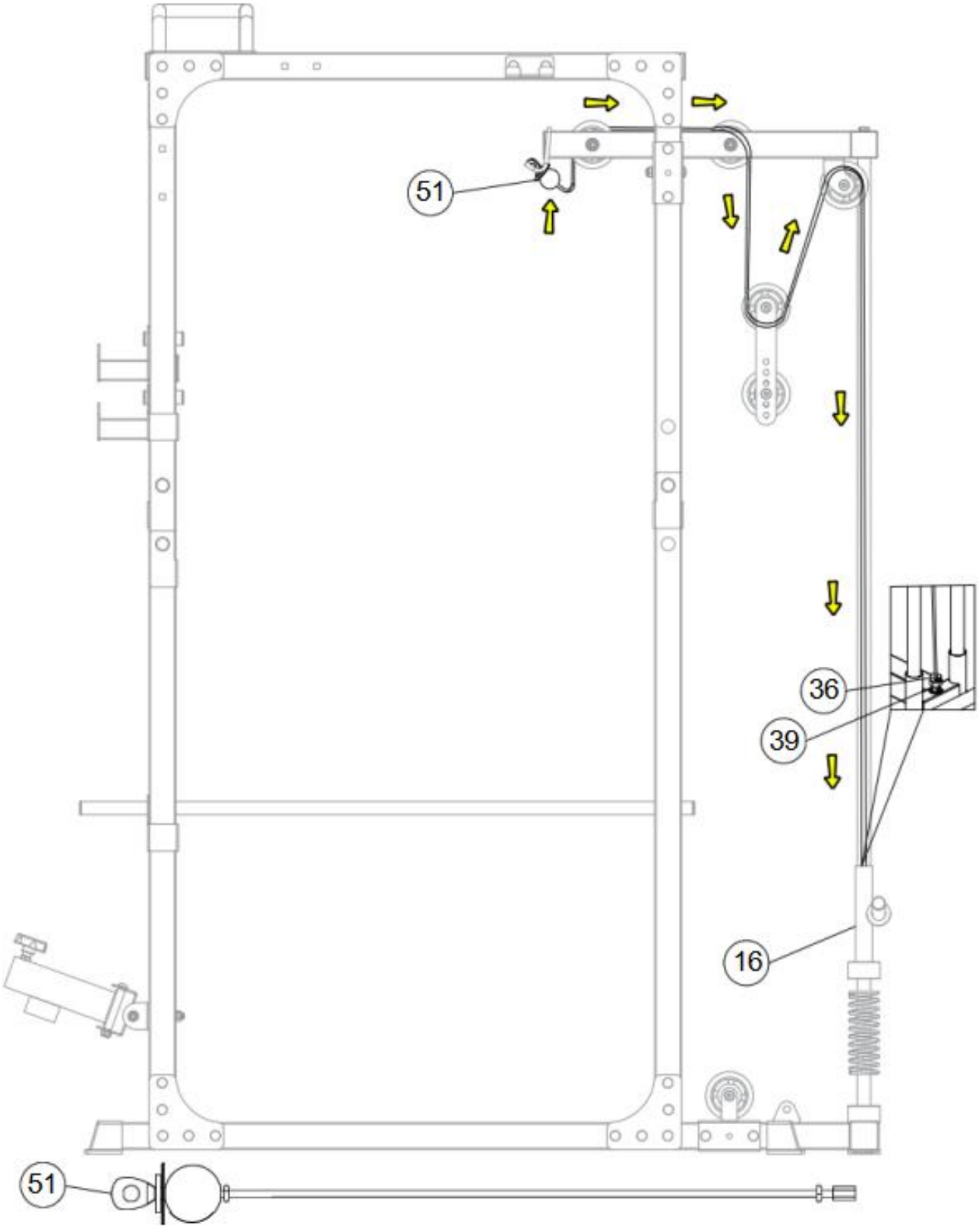
Както е показано на фигурата: фиксирайте куката-планка (38) към горн ата свързваща тръба (03) с 2 болта (29), 2 шайби (35) и 2 самозаконтрящи гайки (37).

СТЪПКА-11



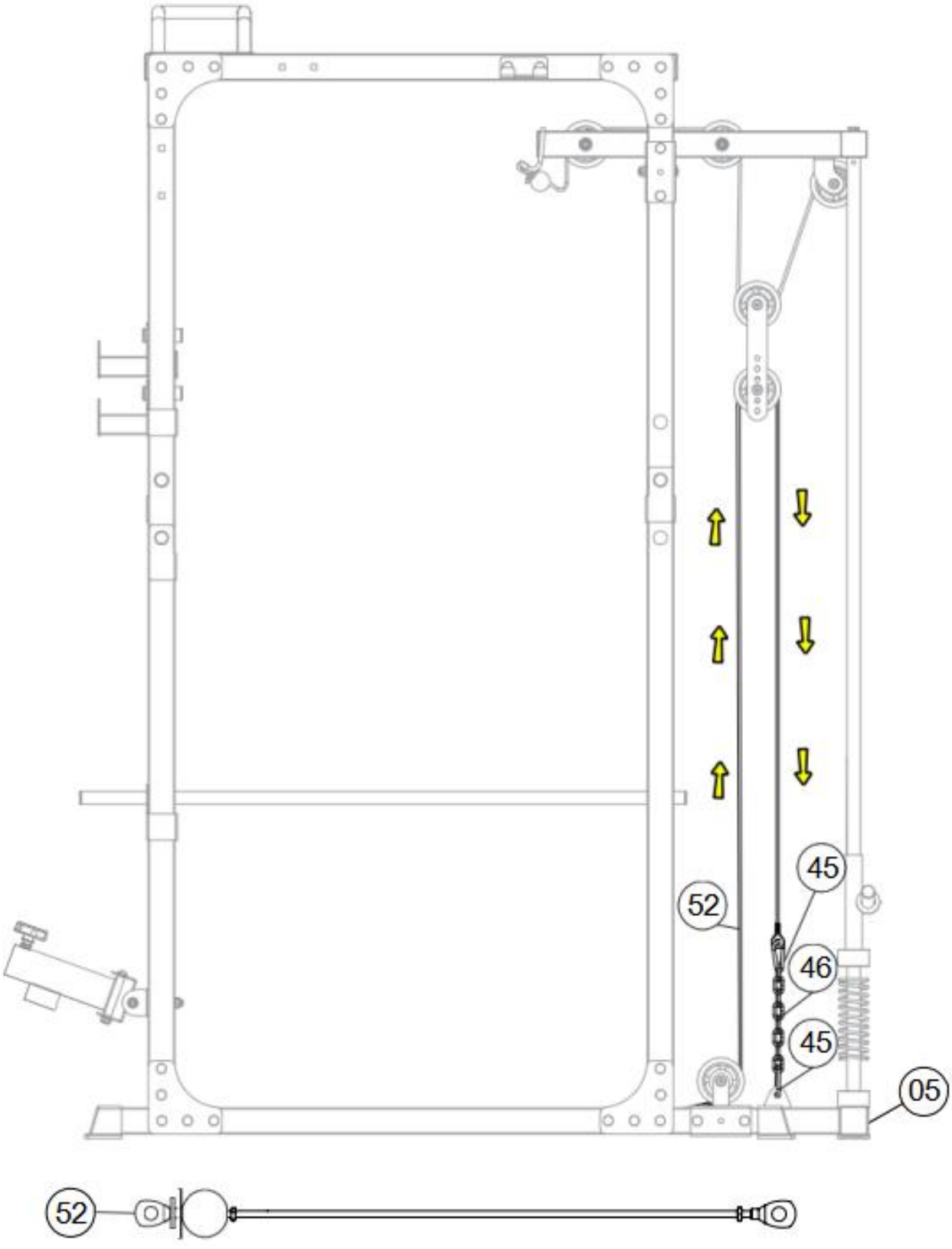
Както е показано на фигурата: поставете дългия щифт за тежести - де сен (06), дългия щифт за тежести - ляв (07), 2 къси стоп тръби за теже сти - десни (08), 2 къси стоп тръби за тежести - леви (09), дясната втул ка (10) и лявата втулка (11) в стойката (02) и ги регулирайте на подходящата височина за употреба.

СТЪПКА-12



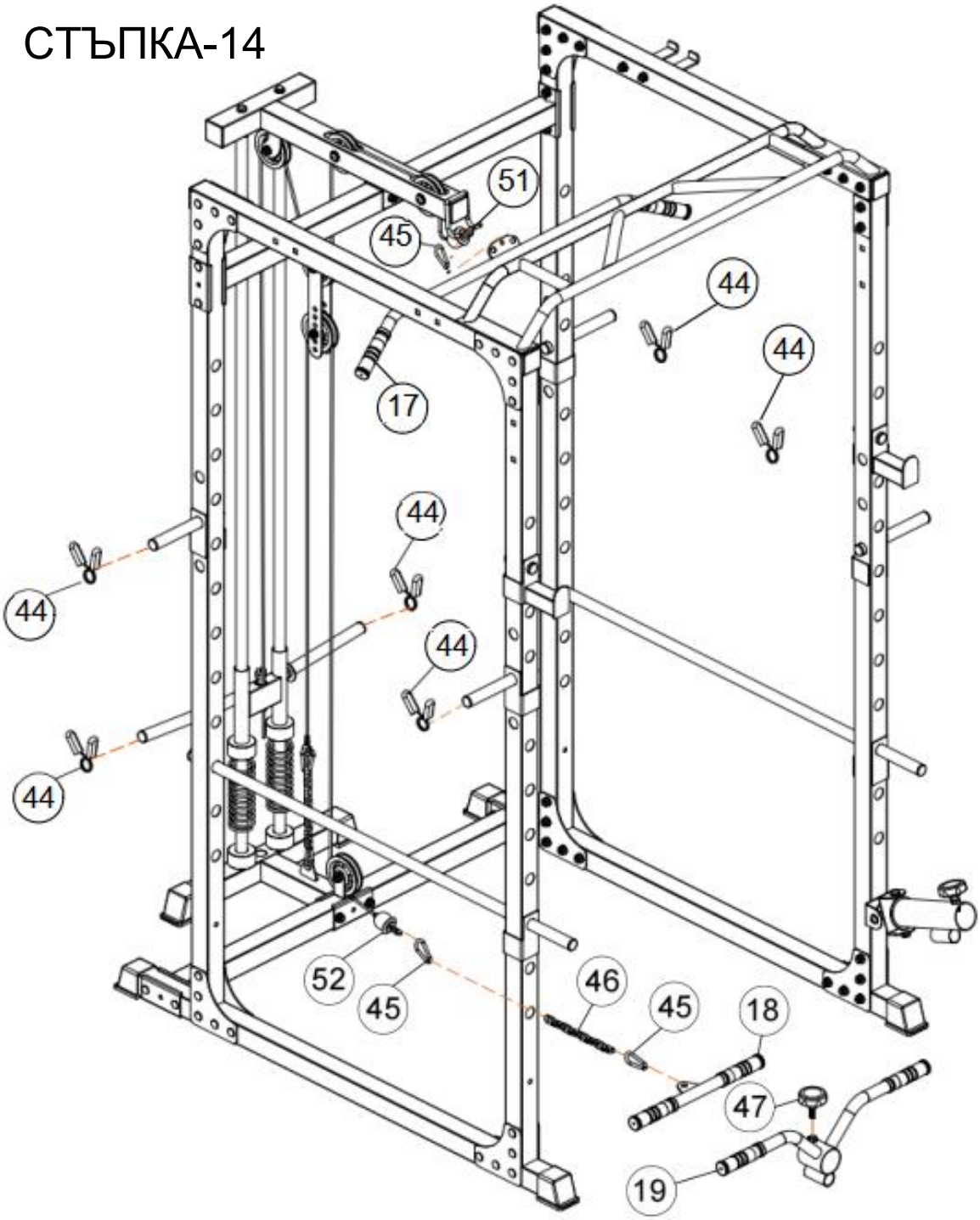
Монтирайте стоманено жило-1 (51) според посоката на стрелката. Пос тавете стоманено жило-1 (51) към болта (36) и гайката (39), след коет о го фиксирайте към плъзгащия тръбен модул (16).

СТЪПКА-13



Както е показано на фигурата: монтирайте стоманено жило-2 (52) по посоката на стрелките, след което фиксирайте стоманено жило-2 (52) към долната хоризонтална тръба (05) с 2 карабинера (45) и 1 верига (46).

СТЪПКА-14



Както е показано на фигурата: фиксирайте долната тръба (18) и стомане но жило-2 (52) с 2 карабинера (45) и 1 верига (46), а детайл (17) и стоман ено жило-1 (51) фиксирайте с 1 карабинер (45). Поставете пружинния щи фт (44) и повдигащата тръба (19) върху подходящото място за работа.

ВНИМАНИЕ: Преди употреба проверете отново дали всяка част е добре затегната и дали уредът е стабилно позициониран върху пода.

♻ Рециклиране

Природосъобразни и рециклируеми материали:

- Външната опаковка е изработена от картон.
- Отлятите части са от полистирол (PS), без пяна CFS.
- Опаковките и торбичките са от полиетилен (PE).
- Каишите са от полипропилен (PP).
- Вътрешните части са от метал и пластмаса.

Изхвърляне:
Моля, съхранявайте оригиналната опаковка в случай на необходимост от транспорт за ремонт или гаранционно обслужване.
Уредът **не трябва** да се изхвърля заедно с битовите отпадъци.

Уважаеми клиенти, Вие сте длъжни да предадете за рециклиране съответните материали от уреда:

- Външна опаковка (картон)
- Отляти части от полистирол (PS)
- Опаковки и торбички от полиетилен (PE)
- Каиши от полипропилен (PP)

За информация и съдействие относно предаването на отпадъците за рециклиране, свържете се с вносителя.

ВНОСИТЕЛ ЗА БЪЛГАРИЯ:
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„Соларшоп“ ЕООД
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